

**CURRICULUM – YEAR I
2025-2026**

UNIVERSITY	University of Medicine, Pharmacy, Science, and Technology "George Emil Palade" of Târgu Mureș	MASTER'S DEGREE PROGRAM	PHYSICAL EDUCATION AND SPORTS COUNSELING
FACULTY	FACULTY OF SCIENCES AND LETTERS "Petru Maior"	GRADUATE TITLE	Physical Education Teacher – Secondary and Post-Secondary Education, COR Code 233001 (2018)
DOMAIN OF STUDY	Physical Education and Sports Science	DURATION OF STUDIES	2 YEARS
LEVEL OF REGULATION	Level 7 EFQ/CEC and CNC	TRANSFERABLE STUDY CREDITS (ECTS)	120 (MANDATORY + OPTIONAL) + 10 FOR FINAL EXAM

Nr. crt.	Teaching Activities Courses	Code/Type Subj.	Semester I (14 weeks)								Semester II (14 weeks)								Total university year			
			Module I (7 weeks)				Module II (7 weeks)				Module III (7 weeks)				Module IV (7 weeks)				Curs	LP	Indiv study	ECTS
			Course	LP/S	ECTS	Form of verif	Course	LP	ECTS	Form of verif	Course	LP	ECTS	Form of verif	Course	LP	ECTS	Form Of verif				
1.	Didactics of Athelitics in High School	DA/MEFCS101	2	4	6	E													14	28	108	6
2.	Communication in physical education	DA/MEFCS103	2	4	6	E													14	28	108	6
3.	Didactics of football in highschool	DA/MEFCS106	4	2	6	E													28	14	108	6
4.	Didactics of Gymnastics in High School	DA/MEFCS110					2	4	6	E									14	28	108	6
5.	Sports counseling	DA/MEFCS104					2	4	6	E									14	28	108	6
6.	Didactics of physical education in high school	DA/MEFCS102									2	4	6	E					14	28	108	6
7.	Didactics of volleyball in high school	DA/MEFCS107									4	2	6	E					28	14	108	6
8.	Ethics and academic integrity	DA/MEFCS108									2	-	3	E					14	-	61	3
9.	Outdoor recreational activities, sports activities and school team building	DA/MEFCS109									-	4	3	C					-	28	47	3
10.	Didactics of swimming	DA/MEFCS105													4	2	6	E	28	14	108	6
11.	Specialized practice	PS/MEFCS111													-	4	4	V	-	28	72	4
12.	Optional subject**	DS/MEFCS112													2	-	2	C	14	-	36	2
TOTAL GENERAL		11 OBL; 1 OPT.	8	10	18	3E	4	8	12	2E	8	10	18	3E;1C	6	6	12	1E;1V;1C	182	238	1080	60
TOTAL HOURS/CREDITS			15 hours/weeks ; 30 ECTS								15 hours/weeks ; 30 ECTS								420			
Optional subjects/One Subject of Choice from the Optional Subjects Package IOSUM – 2025-2026																						
Optional course 1		DS/MEFCS 112	MEFCS 112.1 Sports counseling in School and Recreational Activities MEFCS 112.2 Sport games associated with Basketball – 3x3 Basketball MEFCS 112.3 Selection and Medical-Sport Orientation - EFCS																			

DA – Advanced Courses, DS – Synthesis Courses, PS – Specialized Practice, OBL – Compulsory Course, OPT – Optional Course, E – Exam, V – Evaluation, LP – Practical Work, Sem – Seminar, Stag – Internship, Pract – Practice, ECTS – Transferable Study Credits.

RECTOR,
Prof. Leonard AZAMFIREI Phd

VICE-RECTOR,
Prof. Ovidiu-Simion COTOI Phd

DEAN,
Prof. Giordano ALTAROZZI Phd

HEAD OF DEPARTMENT
Assoc. Pro. SZABO-CSIFO Barna Phd

MASTER PROGRAM REPONSABLE
Assoc. Prof. Florin ŢURCANU Phd

**CURRICULUM – YEAR II
2026-2027**

UNIVERSITY	University of Medicine, Pharmacy, Science, and Technology "George Emil Palade" of Târgu Mureș	MASTER'S DEGREE PROGRAM	PHYSICAL EDUCATION AND SPORTS COUNSELING
FACULTY	FACULTY OF SCIENCES AND LETTERS "Petru Maior"	GRADUATE TITLE	Physical Education Teacher – Secondary and Post-Secondary Education, COR Code 233001 (2018)
DOMAIN OF STUDY	Physical Education and Sports Science	DURATION OF STUDIES	2 YEARS
LEVEL OF REGULATION	Level 7 EFQ/CEC and CNC	TRANSFERABLE STUDY CREDITS (ECTS)	120 (MANDATORY + OPTIONAL) + 10 FOR FINAL EXAM

Nr. crt.	Activități didactice Discipline	Cod/ Tip disciplină	Semestrul I(14 săptămâni)								Semestrul II(14 săptămâni)								Total an universitar			
			Modul I(7 săptămâni)				Modul II(7 săptămâni)				Modul III(7 săptămâni)				Modul IV(7 săptămâni)							
			Curs	LP/S	ECTS	Forma verif	Curs	LP	ECTS	Forma verif	Curs	LP	ECTS	Forma verif	Curs	LP	ECTS	Forma verif	Curs	LP	St.indiv	ECTS
1	Didactics of racquet sports	DA/MEFCS201	2	4	5	E													14	28	83	5
2.	Didactics of basketball in high school	DA/MEFCS202	4	2	7	E													28	14	133	7
3.	Didactics of handball in high school	DA/MEFCS203	4	2	7	E													28	14	133	7
4.	Education for active lifestyle	DA/MEFCS204						2	-	5	E								14	-	111	5
5.	Specialized practice	PS/MEFCS205						-	8	4	V								-	56	44	4
6.	Optional course**	DS/MEFCS213						2	-	2	C								14	-	36	2
7.	Fundamentals of computer science and statistical processing of sports data	DA/MEFCS206										2	2	5	E				14	14	97	5
8.	The arrangement of sports and recreational facilities.	DA/MEFCS207										4	2	5	E				28	14	97	5
9.	Fitness and aerobic gymnastics	DA/MEFCS208										2	4	7	E				14	28	133	7
10.	Equipment and technologies specific to physical activities.	DA/MEFCS209													2	-	4	C	14	-	72	4
11.	Quantitative and qualitative assessments in motor activities.	DA/MEFCS210													4	-	5	E	28	-	97	5
12.	Preparation and development of the dissertation.	DA/MEFCS212													-	8	4	C	-	56	44	4
TOTAL GENERAL		11 OBL; 1OPT.	10	8	19	3E	4	8	11	1E;1C;1V	8	8	17	3E	6	8	13	1E;2C	196	224	1080	60
TOTAL HOURS/CREDITS			15 hours/weeks ; 30 ECTS								15 hours/weeks ; 30 ECTS								420			
Optional subjects/One Subject of Choice from the Optional Subjects Package IOSUM – 2025-2026																						
Optional course 2	DA/MEFCS213	MEFCS 213.1 Sports medicine application in physical activities MEFCS 213.2 Sport games associated with volleyball – Beach volley, Teqvolley MEFCS 213.3 Sport games associated with football – Teqball																				

DA – advanced courses, DS – synthesis courses, PS – specialized practice, MAN – mandatory course, OPT – optional course.

E – exam; V – assessment; LP – practical work; Sem – seminar; Stag – internship; Pract – practice; ECTS - European Credit Transfer and Accumulation System (transferable study credits).

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