

**Biochemistry for life sciences – Group II**  
**BiochLS – II**

**2017-2018**

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**Students currently involved:**

1. Csipor Bernadett, MG IV.
2. Beteg Emese, MG IV.
3. Horváth Kinga, MG IV.
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5. Koncz Krisztina, MG V.
6. Balog János. MD VI.
7. Csiki Debora, MD VI.
8. Szász Előd, MG V.
9. Laura Elvira Scutariu, ND-master
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11. Heczi Bernadett, ND- master
12. Kibedi Tamás, ND II.
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14. Iacob Romeo, ND II.
15. Anca Pop, ND II.
16. Simona Dumitrescu, ND III.
17. Ambrus Evelyn, MG I.

**Research topics:** Laboratory diagnosis in hypertension, diabetes mellitus, autoimmune diseases, pathology of the prostate and lithiasis, studies on smoke exposure - an important cardiovascular risk factor (determination of air pollution by measurement of PM2.5 concentration, evaluation of smoking habits of Pharmacy students in the UMP campus)

**Relevant abstracts and published in extenso papers with students' contribution between 2015-2017:**

1. *Csipor Tekla, Beteg Emese, Csipor Bernadett (students), Fazakas Zita, Nemes-Nagy Enikő (coordinators):* Determinarea pH-ului salivar la studentii fumatori (Determination of salivary pH in smoking students), lucrare prezentata la „a XXII-a Sesiune Ştiinţifică a Studenţilor (XXII.

Tudományos Diákköri Konferencia)”, paper presented at the „XXII-nd Scientific Session of Students”, Tîrgu Mureş, 25-28th March 2015, abstract in Orvostudományi Értesítő, vol. 88, supl. 1, p. 116, ISSN 1453-0953

2. **Nemes-Nagy Enikő, Maier Adrian, Man Adrian, Kudor-Ferice Boldizsár, Kovács Zsuzsa Réka, Demeter Réka, Fazakas Zita, Victor Balogh-Sămărghişan, Simon-Szabó Zsuzsánna, Barabás Hajdu Enikő:** Study on diet, infections, medication and genetic predisposition in the occurrence and recurrences of urolithiasis, 1st Congress of the Romanian Association of Laboratory Medicine with International Participation, 20-23rd May 2015, Sighişoara, abstract in Revista Română de Medicină de Laborator (ISSN 1841-6624, ISI journal), supl. Vol. 23, Nr. 1, 2015, S90-91
3. **Beteg Emese, Csipor Bernadett (students), Fazakas Zita, Nemes-Nagy Enikő (coordinators):** A dohányzási leszokás sikerességének mérése (măsurarea eficienţei de renunţare la fumat) (Measurement of success in smoking cessation), a XXIII-a Sesiune Ştiinţifică a Studenţilor (XXIII. Tudományos Diákköri Konferencia), „XXIII-rd Scientific Session of Students”, Tîrgu Mureş, 6-9th April 2016, abstract in Orvostudományi Értesítő, vol. 89, supl. 1, p. 126, ISSN 1453-0953
4. **Csomay Károly, Tamás Zsolt-Mihály, Confesor Alex-Daniel (students), Nemes-Nagy Enikő, Fazakas Zita, László Mihály, Kikeli Pál István (coordinators):** PM<sub>2,5</sub> részecskékkel való légszennyeződés változása a MOGYE főépületében 2015. január – 2016. február között (Evoluţia poluării aerului cu particule PM<sub>2,5</sub> în clădirea centrală a UMF Târgu Mureş în perioada ianuarie 2015 – februarie 2016) (Dynamics of air pollution with PM<sub>2.5</sub> particles in the main building of UMPH Tîrgu Mureş between January 2015 – February 2016), a XXIII-a Sesiune Ştiinţifică a Studenţilor (XXIII. Tudományos Diákköri Konferencia), „XXIII-rd Scientific Session of Students”, Tîrgu Mureş, 6-9th April 2016, abstract in Orvostudományi Értesítő, vol. 89, supl. 1, p. 127, ISSN 1453-0953. Această lucrare a fost recompensată cu **Premiul II** în cadrul secţiunii E-Medicină preventivă. This paper was rewarded with the **2nd Prize** of the E-Preventive Medicine section.
5. **Kövendi Anita-Andrea, Bíró Bernadett, Varga Diána (students), Fazakas Zita, Preg Zoltán, Fogarasi Erzsébet, Nemes-Nagy Enikő (coordinators):** A dohányzási szokások változása a gyógyszerészeti kar hallgatói körében 2014-2015 között (Schimbarea obiceiurilor de fumat ale studenţilor farmacişti între anii 2014-2015) (Changing in smoking habits of Pharmacy students between 2014-2015), a XXIII-a Sesiune Ştiinţifică a Studenţilor (XXIII. Tudományos Diákköri Konferencia), „XXIII-rd Scientific Session of Students”, Tîrgu Mureş, 6-9th April 2016, abstract in Orvostudományi Értesítő, vol. 89, supl. 1, p. 133, ISSN 1453-0953
6. **Tamás Zsolt-Mihály, Csomay Károly, Bereczki Szilárd (students), Nemes-Nagy Enikő, Fazakas Zita, László Mihály, Kikeli Pál István (coordinators):** Elemi részecskék koncentrációjának vizsgálata a MOGYE bentlakásaiban egy év leforgása alatt (Analiza concentraţiei particulelor fine în căminul UMF Târgu Mureş în decurs de un an), a XXIII-a Sesiune Ştiinţifică a Studenţilor (XXIII. Tudományos Diákköri Konferencia), Tîrgu Mureş, 6-9 aprilie 2016, rezumat in

Orvostudományi Értesítő, vol. 89, supl. 1, p. 138, ISSN 1453-0953. Această lucrare a fost recompensată cu **Premiul III** în cadrul secțiunii E-Medicină preventivă. This paper was rewarded with the **3rd Prize** of the E-Preventive Medicine section.

7. *Nemes-Nagy Enikő, Kudor-Ferice Boldizsár, Pál Sándor, Pál-Jakab Ádám, Szanto Ludovic, Maier Adrian, Vida Árpád Olivér, Kolcsár Melinda, Iacob Alina, Mártha Orsolya, Fazakas Zita, Fodor Márta Andrea, Tilinca Mariana*: Kőbetegségben szenvedő páciensek étrendi szokásainak, kőtípusának és laboratóriumi állapotjelzőinek felmérése (Evaluation of diet, stone type and laboratory parameters in patients with lithiasis), paper presented at the XXVI-th Conference of the Transylvanian Museum Society (Erdélyi Múzeum Egyesület, XXVI. Tudományos Ülésszak), 20-23rd April 2016, Tîrgu Mureș, abstract in Orvostudományi Értesítő, vol. 89, supl. 2, p. 40, ISSN 1453-0953
8. *Nemes-Nagy Enikő, Csomay Károly, Tamás Zsolt-Mihály, Bereczki Szilárd, Kövendi Anita, Varga Diána, Confesor Alex Daniel, Germán-Salló Zsófia, Pál Sándor, Bíró Bernadett, Fazakas Zita, László Mihály, Preg Zoltán, Germán-Salló Márta, Bálint-Szentendrey Dalma, Ianosi Edith Simona, Kikeli Pál István*: Dohányfüstből származó elemi részecskékkel való légszennyeződés felmérése a MOGYE főépületében és bentlakásaiban 2015 január – 2016 március között (Evaluarea poluării aerului cu particule fine de fum de țigară în clădirea principală a UMF Târgu Mureș și în cămine în perioada ianuarie 2015 – martie 2016) (Evaluation of air pollution with smoke fine particles in the main building of the UMPH Tîrgu Mureș and in the student dormitories during January 2015 – March 2015), paper presented at the XXVI-th Conference of the Transylvanian Museum Society, a XXVI-a Conferința a Societății Muzeului Ardelean (Erdélyi Múzeum Egyesület, XXVI. Tudományos Ülésszak), 20-23rd April 2016, Tîrgu Mureș, abstract in Orvostudományi Értesítő, vol. 89, supl. 2, p. 41, ISSN 1453-0953
9. *Germán-Salló Márta, Preg Zoltán, Bálint Szentendrey Dalma, Nemes-Nagy Enikő, Fazakas Zita, Ianosi Edith Simona, Nagy-Kórodi Enikő, Germán-Salló Zsófia, László Mihály Imre, Kikeli Pál István*: Szokás-elmélet-szándék. Fogorvostan hallgatók dohányzási szokásai és dohányzáshoz való hozzáállása (Obicei-Abordare-Intenție. Obiceiurile de fumat și atitudinea față de fumat ale studenților de medicină dentară) (Habit-Approach-Intention. Smoking habits and attitudes about smoking among Dental Medicine students), paper presented at the XXVI-th Conference of the Transylvanian Museum Society, a XXVI-a Conferința a Societății Muzeului Ardelean (Erdélyi Múzeum Egyesület, XXVI. Tudományos Ülésszak), 20-23rd April 2016, Tîrgu Mureș, abstract in Orvostudományi Értesítő, vol. 89, supl. 2, p. 18, ISSN 1453-0953
10. *Preg Zoltán, Nemes-Nagy Enikő, Fazakas Zita, Germán-Salló Márta, Bálint-Szentendrey Dalma, Ianosi Edith Simona, László Mihály Imre, Osváth Éva, Balla Antal, Nagy Enikő Anett, Kikeli Pál István*: Változások a MOGYE általános orvosi karán a Dohányfüstmentes Orvosi Egyetem projekt első évében (Schimbări la UMF Târgu Mureș specializarea medicină generală în primul an al proiectului Universitatea Medicală Liberă de Fumat), (Changes in General Medicine students at UMPH Tîrgu Mureș during the first year of the Smoke-free university), paper presented at the XXVI-th Conference of the Transylvanian Museum Society a XXVI-a Conferința a Societății Muzeului Ardelean (Erdélyi Múzeum Egyesület, XXVI. Tudományos

Ülésszak), 20-23rd April 2016, Tîrgu Mureş, abstract in Orvostudományi Értesítő, vol. 89, suppl. 2, p. 44, ISSN 1453-0953

11. *Nemes-Nagy Enikő, Erzsébet Fogarasi, Mircea Croitoru, Annamária Nyárádi, **Kinga Komlódi, Sándor Pál, Adél Kovács, Orsolya Kopácsy, Robert Tripon, Zita Fazakas, Cosmina Uzun, Zsuzsánna Simon-Szabó, Victor Balogh-Sămărghişan, Nagy Előd Ernő, Mónika Szabó, Mariana Tilinca***: Laboratory differences in type 2 diabetic patients taking Metformin versus other treatment, 8th National Congress with International Participation and 34rd Annual Scientific Session of the Romanian Society for Cell Biology, 8-12th June 2016, Oradea, abstract in Bulletin of Romanian Society for Cell Biology, nr. 44, p. 123
12. *Nemes-Nagy Enikő, Maier Adrian, Iacob Alina, Fazakas Zita, Kolcsár Melinda, **Kudor-Ferice Boldizsár, Pál Sándor, Kovács Zsuzsa Réka, Pál-Jakab Ádám, Szanto Ludovic, Fodor Márta Andrea, Man Adrian, Barabás Enikő, Vida Árpád Olivér, Mártha Orsolya, Mariana Tilinca***: Relationship between stone type, diet and laboratory results in patients with urinary tract and salivary gland lithiasis, 8th National Congress with International Participation and 34rd Annual Scientific Session of the Romanian Society for Cell Biology, 8-12th June 2016, Oradea, abstract in Bulletin of Romanian Society for Cell Biology, nr. 44, p. 124
13. *Enikő Nemes-Nagy, Erzsébet Fogarasi, Mircea Croitoru, Annamária Nyárádi, **Kinga Komlódi, Sándor Pál, Adél Kovács, Orsolya Kopácsy, Robert Tripon, Kovács Zsolt, Zita Fazakas, Cosmina Uzun, Zsuzsánna Simon-Szabó, Victor Balogh-Sămărghişan, Nagy Előd Ernő, Mónika Szabó, Mariana Tilinca***: Evaluation of metabolic balance, lipid peroxidation products and cardiovascular risk factors in type 2 diabetic patients, 1st Congress of the Romanian Association of Laboratory Medicine with International Participation, 18-21st May 2016, Cluj-Napoca, abstract in Revista Română de Medicină de Laborator, supl. Vol. 24, Nr. 1, 2016, S83-84
14. *Kikeli Pál István, Fazakas Zita, Preg Zoltán, Germán-Salló Márta, Septimiu Voidăzan, **Csomay Károly, Tamás Zsolt-Mihály, Ábrám Zoltán, Balázs Péter, Kristie Foley, Nemes-Nagy Enikő***: Monitoring of tobacco smoke generated air pollution in facilities of the University of Medicine and Pharmacy in Tîrgu Mureş, Romania 2015-2016, during implementation of smoke free policy, 17th Annual Conference of the SRNT Europe, 8-11 September 2016, Prague, Czech Republic
15. *Germán-Salló Márta, Bálint-Szentendrey Dalma, Preg Zoltán, Nemes-Nagy Enikő, László Mihály Imre, Fazakas Zita, Ianos Edith Simona, **Nagy-Kórodi Enikő, Germán-Salló Zsófia, Kikeli Pál István, Ábrám Zoltán, Balázs Péter, Kristie Foley***: Differences of Tobacco Smoking Habits and Attitudes of Students in Medical and Non-medical Higher Education 17th Annual Conference of the SRNT Europe (ISSN 0965-2140), 8-11 Septembrie 2016, Prague, Czech Republic
16. *Nemes-Nagy Enikő, László Mihály Imre, **Csomay Károly, Preg Zoltán, Fazakas Zita, Germán-Salló Márta, Kikeli Pál István***: Dynamics of PM2.5 pollution in the campus of UMPH Tîrgu Mures (main educational building and student dormitories) during 2015-2016, Scientific Session of

University Educational Staff, 8-9 December 2016, Tîrgu Mures, Acta Medica Marisiensis, vol. 62, suppl. 8, p. 88

17. **Bíró Adél Bernadett, Pál Sándor, Csipor Bernadett** (students), *Nemes-Nagy Enikő, Preg Zoltán, Fogarasi Erzsébet, Fazakas Zita* (coordinators): Dohányzási szokások változása 2014-2016 között a MOGYE gyógyszerészhallgatóinak nézőpontjából (Modificări în comportamentul referitor la fumat în perioada 2014-2016 din perspectiva studenților de la farmacie ai UMF Tîrgu Mureș) (Changes in smoking attitude of pharmacy students at UMPH Tîrgu Mureș between 2014-2016), A XXIV-a Sesiune Științifică a Studenților (XXIV. Tudományos Diákköri Konferencia), („XXIV-th Scientific Session of Students”), Tîrgu Mureș, 29 March – 1 April 2017, abstract in EME Orvostudományi Értesítő, supliment 2, 2017, p. 144-145
18. **Csipor Bernadett, Csomay Károly, Confesor Alex-Daniel** (students), *Fazakas Zita, Fogarasi Erzsébet, Preg Zoltán, Nemes-Nagy Enikő* (coordinators): A dohányzáselhagyás kérdésének megközelítése a gyakorlatban (Abordarea practică a renunțării la fumat), (Practical approach of smoking cessation) A XXIV-a Sesiune Științifică a Studenților (XXIV. Tudományos Diákköri Konferencia), („XXIV-th Scientific Session of Students”), Tîrgu Mureș, 29 March – 1 April 2017, abstract in EME Orvostudományi Értesítő, supliment 2, 2017, p. 146
19. *Nemes-Nagy Enikő, Csomay Károly, Pál Sándor, Confesor Alex, Kövendi Anita, Erdődi Anita, Bíró Bernadett, Fazakas Zita, László Mihály, Preg Zoltán, Germán-Salló Márta, Bálint-Szentendrey Dalma, Ianosi Edith Simona, Ábrám Zoltán, Kikeli Pál István*: PM<sub>2,5</sub> részecskékkel való légszennyeződés a MOGYE főépületében és bentlakásaiban a 2016-ban érvénybe lépett dohányzást korlátozó törvény előtt és után (Poluarea aerului cu particule PM<sub>2,5</sub> în clădirea principală a UMF Tg. Mureș și în cămine înainte și după legea de prohibiție a fumatului din 2016) (Air pollution with PM<sub>2.5</sub> particles before and after the clean air law in 2016), a XXVII-a Conferință a Societății Muzeului Ardelean (Erdélyi Múzeum Egyesület, XXVII. Tudományos Ülésszak), (XXVII-th Conference of the Transylvanian Museum Society), 6-8<sup>th</sup> April 2017, Covasna, abstract in Orvostudományi Értesítő, ISSN 1453-0953, vol. 90, suppl. 2, p. 36-37
20. *Nemes-Nagy Enikő, Tripon Róbert, Fogarasi Erzsébet, Croitoru Mircea, Pál Sándor, Komlódi Kinga, Kopácsy Orsolya, Tatár Anita, Fazakas Zita, Nagy Előd Ernő, Tilinca Mariana, Szabó Mónika*: Ásványi anyagok, lipidperoxidáció, anyagcsere-egyensúly, szívérrendszeri kockázat és a retina állapotának felmérése 2-es típusú cukorbetegknél (Evaluarea elementelor minerale, a lipoperoxidării, echilibrului metabolic, a riscului cardiovascular și a stării retinei la diabetici de tip 2), (Evaluation of minerals, lipoperoxidation, metabolic balance, cardiovascular risk and the status of retina in type 2 diabetic patients), a XXVII-a Conferința a Societății Muzeului Ardelean (Erdélyi Múzeum Egyesület, XXVII. Tudományos Ülésszak), (XXVII-th Conference of the Transylvanian Museum Society), 6-8<sup>th</sup> April 2017, Covasna, abstract in Orvostudományi Értesítő, ISSN 1453-0953, vol. 90, suppl. 2, p. 37
21. *Enikő Nemes-Nagy, Evelyn-Ágnes Molnár, Zsuzsa Réka Kovács, Anita Andrea Kövendi, Zita Fazakas, Márta-Andrea Fodor, Mónika Szabó, Mariana Tilinca*: Asocierea specială a unor

afecțiuni autoimune din cazuistica unui ambulatoriu de specialitate (Special association of autoimmune diseases in the cases of an outpatient unit), 2nd Congress of the Romanian Association of Laboratory Medicine with International Participation, 10-13th May 2017, Timisoara, abstract in Revista Română de Medicină de Laborator (Romanian Review of Laboratory Medicine), supl. Vol. 25, Nr. 2, 2017, S62-63

22. *Enikő Nemes-Nagy, Márta Germán-Salló, Zoltán Preg, Zita Fazakas, Victor Balogh-Sămărghișan, Cosmina Cristina Uzun, **Sándor Pál, Anita Tatár**, Zsolt Kovács, Mónika Szabó, Mariana Cornelia Tilinca, Robert Gabriel Tripon*: Relationship between zinc imbalance and drusen deposits causing blindness in diabetic patients represents a public health problem, 6th International Conference of Law, Public Administration and Medicine, Liability for Democracy, 26-27. X. 2017, Tîrgu Mureș, Book of Abstracts, Petru Maior University Press, ISSN 2248-1052, p. 111-112
23. *Enikő Nemes-Nagy, Erzsébet Fogarasi, Mircea Croitoru, Annamária Nyárádi, **Kinga Komlódi, Sándor Pál, Adél Kovács, Orsolya Kopácsy**, Robert Tripon, Zita Fazakas, Cosmina Uzun, Zsuzsánna Simon-Szabó, Victor Balogh-Sămărghișan, Előd Ernő Nagy, Mónika Szabó, Mariana Tilinca*: Study on metabolic and mineral balance, oxidative stress and cardiovascular risk factors in type 2 diabetic patients on different therapy. Oral presentation at the 18th International Conference on Laboratory Medicine and Clinical Research, Amsterdam, Netherlands, 12-13th May 2016, abstract and in extenso paper published in World Academy of Science Engineering and Technology, ISSN 20103778, 2010376X, 2016, 18(5):758-761
24. *E. Nemes-Nagy, A. Maier, A. Man, L. Dénes, V. Balogh Sămărghișan, Z. Fazakas, C. Uzun, M. Tilinca, **S. Pál, B. Kudor-Ferice**, A. Breja-Megheșan, **A.N. Al-Aisa, R. Zs. Kovács**, M. Szilveszter, Zs. Simon-Szabó, M. Kolcsár, E. Barabás-Hajdu, M.A. Fodor, Á. O. Vida, O. Mártha*: Enhancing factors of urinary stones and evaluation of the incidence of various urinary stone types in hospitalized patients and outpatients, Annals of the Romanian Society for Cell Biology, vol. XXII, 1/2015, ISSN 2067-8282 (**CNCSIS B+**), p. 67-73
25. *Nemes-Nagy E., **Vass I.**, Nyárádi A., **Pál S.**, CC. Uzun, Preg Z., Germán-Salló M., Szilveszter M., M. Tilinca, Simon-Szabó Zs., V. Balogh-Sămărghișan, Fazakas Z., R. Tripon, Szabó M., Nagy EE., László MI., Kikeli PI.*: Asymptomatic renal disease in diabetic and non-diabetic hypertensive patients, Management in Health (**CNCSIS B+**), ISSN 1453-4541, vol. 19, nr. 4, 2015, p. 29-33
26. *Nemes-Nagy Enikő, Cosmina Cristina Uzun, A. Maier, A. Man, Á. O. Vida, **Demeter Réka, Abtessam Nariman Al-Aisa, S. Pál, B. Kudor-Ferice, Réka Zsuzsa Kovács**, Zita Fazakas, V. Balogh-Sămărghișan, Zsuzsánna Simon-Szabó, Márta Andrea Fodor, Andrea Incze, Melinda Kolcsár, Mónika Szabó, Orsolya Mártha, Enikő Barabás Hajdu*: Study on urinary tract infections in predisposed patients, Management in Health (**CNCSIS B+**), ISSN 1453-4541, vol. 19, nr. 3, 2015. p. 26-30
27. *E. Nemes-Nagy, E. Barabás-Hajdu, R. Tripon, V. Balogh-Sămărghișan, Z. Fazakas, C. Uzun, Zs. Kovács, H. Kelemen, M. Szilveszter, **S. Pál**, Zs. Simon-Szabó, M. Tilinca*: The importance of

autoimmune antibodies in the laboratory diagnosis of neurological disorders, Annals of the Romanian Society for Cell Biology, vol. XXI, Issue I, 2016, ISSN: 2067-8282, (CNCSIS B+), p. 7-10

28. **Pál Sándor**, *Molnár Ervin, Uzun Cosmina Cristina, Barabás Enikő, Fazakas Zita, Nemes-Nagy Enikő*: Dynamic study of laboratory parameters in diabetic patients in relationship with diet and lifestyle habits (Studiul dinamicii unor parametrii biochimici la pacienții diabetici în funcție de stilul de viață și a obiceiurilor alimentare), Management in Health, (CNCSIS B+), ISSN 1453-4541, vol. XXI, nr. 2, 2017, p. 38-40
29. **Csiki Debora**, *Fazakas Zita*, The tartar buildup in reference to nutrition, oral hygiene and salivary pH value, TDK, Sesiunea Științifică Studentească, ediția a XXIV, 29.03-1.04.2017, Târgu Mureș, rezumat în Orvostudományi Értesítő (Buletin de Științe Medicale), 2017,90 (1), p.149-150, ISSN: 1453-0953. Congres medical internațional organizat în parteneriat cu Universitatea de Medicină și Farmacie din Târgu Mureș.
30. **Balog János**, *Fazakas Zita, Petcu Blanka*, Evaluation of pH and buffering capacity of saliva in caries free children and children with carious lesions, TDK, Sesiunea Științifică Studentească, ediția a XXIV, 29.03-1.04.2017, Târgu Mureș, rezumat în Orvostudományi Értesítő (Buletin de Științe Medicale), 2017,90 (1), p.150-151, ISSN: 1453-0953. Congres medical internațional organizat în parteneriat cu Universitatea de Medicină și Farmacie din Târgu Mureș.
31. **Horváth Kinga Szidónia, Horvéth Timea Blanka, Szász Előd, Fazakas Zita**, Sauna as a complementary therapy (A szauna mint kiegészítő gyógymód), TDK, Sesiunea Științifică Studentească, ediția a XXIV,29.03-1.04.2017, Târgu Mureș, rezumat în Orvostudományi Értesítő (Buletin de Științe Medicale), 2017,90 (1), p.133, ISSN: 1453-0953. Congres medical internațional organizat în parteneriat cu Universitatea de Medicină și Farmacie din Târgu Mureș.
32. **Laura Elvira Scutariu, Zita Fazakas, Anamaria Farr**, Lifestyle in colorectal cancer, Marisiensis, 29.03-2.04.2017.