Silvia Cristina Poamaneagra (Strat)

EDUCATION AND TRAINING

01/01/2023 – CURRENT Iasi, Romania

RESIDENT PHYSICIAN – MEDICAL ONCOLOGY Secția Clinică de Oncologie Institutul Regional de Oncologie Iași

01/01/2019 – 31/12/2022 Iasi, Romania

RESIDENT PHYSICIAN PEDIATRIC GASTROENTEROLOGY St Mary Emergency Children's Hospital

Mother tongue(s): ROM ANIAN **SPEAKING** **WRITING**

Other language(s):

	UNDERSTANDING				
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
FRENCH	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

DRIVING LICENCE

Driving Licence: B

COMMUNICATION AND INTERPERSONAL SKILLS

01/10/2020 – CURRENT Targu Mures, Romania

PHD STUDENT Doctoral School, George Emil Palade University of Medicine, Pharmacy, Science and Technology

01/10/2012 – 30/09/2018 Iasi, Romania

MEDICAL DOCTOR Grigore T Popa University of Medicine and Pharmacy

15/09/2008 – 15/06/2012 Galati, Romania

HIGH SCHOOL GRADUATE Mihail Kogalniceanu National College

LANGUAGE SKILLS

General skills

Communication skills acquired by participating in promotion and recruitment actions (Promotion of Voluntary Donation of Hematopoietic Stem Cells) and following the role of Ambassador of the 3rd Global Students' Conference of Biomedical Sciences and ESC European Students' Conference, in which I collaborated with fellow representatives from Belgrade and Berlin.

Organizational skills: organizational spirit, teamwork abilities.

Skills acquired on the job: increased attention, ability to concentrate and problem solving abilities.

ORAL PRESENTATIONS

Oral Presentations

1. Alina Biliuta, **Silvia Cristina Strat**, M.V. Marinca. Inflammatory mediastinal myofibroblastic tumor in a young patient. Conferintele Institutului Regional de Oncologie Iasi 2015
2. Daniela Semen, **Silvia Cristina Strat**, Alina Biliuta, Ana Trofin, Corina Ursulescu-Lupascu, C.Lupascu. Surgical and oncologic approach of a patient with peryamplullary cholangiocarcinoma and colorectal neoplasm. A case presentation. Conferintele Institutului Regional de Oncologie Iasi 2015
3. **Silvia Cristina Strat**, Cristina Maga, Codruta Badescu, Elena Mitrea, C.Rezus. Intracardiac tumors. A case study. Seara Clinica de Medicina Interna ed IV
4. Alina Biliuta, **Silvia Cristina Strat**, Cristina Maga, Ana Trofin, C.Lupascu. Malignant Fibrous Histiocytoma: case report. Congressis 2016
5. **Silvia Cristina Strat**, Alina Biliuta, Cristina Maga, Codruta Badescu, Elena Mitrea, C.Rezus. Large Asymptomatic Left Atrial Tumor-case report.Congressis 2016
6. **Silvia Cristina Strat**, C.Daradici, Cristina Mihaela Ghiciuc, M.Nechifor. Investigation of potential antiinflammatory and pain control effect of an Amorpha Fruticosa L volatile oil extract. 3rd Global Students'Conference of Biomedical Sciences, Belgrade 2016
7. **Silvia Cristina Strat**, Cristina Maga, Elena Hanganu, B. Savu. Peculiarities of Therapeutic Management in Meconial Peritonitis with Jejuno-Ileal Atresia. Seara Clinica de Chirurgie Pediatrica, Iasi martie 2017
8. Diana Nafureanu, Ioana Florea, **Silvia Cristina Strat**, Irina Girleanu. Ulcerative colitis - from diagnosis to a relatively uncommon evolution. A case report. Congressis-International Congress for Medical Students and Young Doctors 2017
9. T.Schreiner, O.Schreiner, Lilia Catan, **Silvia Cristina Strat**. The effects of ascorbic acid long-term administration on pain models in mice. IMSCB București 2017
10. **Silvia Cristina Strat**, Cristina Maga, T.Schreiner, O.Schreiner. Challenges in the Diagnosis of Heart Tumorsinsights from a case. IMSCB 2017
11. **Silvia Strat**, Nicoleta Gimiga, Lorenza Donea, Laura Bozomitu, Smaranda Diaconescu. Non-invasive in pediatric gastroenterology - respiratory tests: indications, results and limits. Zilele Pediatriei Ieșene N.N. Trifan Iasi 2019
12. Smaranda Disconescu, **Silvia Strat**. The transition of the pediatric patients with chronic digestive disease to adult services. Conferința Națională de Pediatrie Editia 2020, 7-10 octombrie 2020.
13. Nicoleta GIMIGA, Gabriela PĂDURARU, Laura BOZOMITU, B.ROTARU, **Silvia POAMĂNEAGRĂ**, Smaranda DIACONESCU. Peculiarities in digestive hemorrhage in children. Zilele Pediatriei Iesene, 2021
14. Smaranda Diaconescu, **Silvia Poamăneagră**. The implications of the digestive tract in relation to the wars of the contemporary world. What do we know so far? National Pediatrics Conference , April 2022 Bucharest
15. Smaranda Diaconescu, **Silvia Poamaneagra**. Lost in transition-pediatric patients with chronic digestive diseases on their way to adult healtcare services. Ankara, Turkey, 1st International Turkish National Pediatric Society Congress, 2024
16. **Dr. Silvia Poamăneagră**, Prof. Dr. Smaranda Diaconescu. Sunt adolescenții din România pregătiți pentru tranziție? Rezultatele unui studiu transversal. Conferința Națională Tranziția pacientului pediatric către serviciile de sănătate dedicate adulților; eveniment online 04 - 05 MARTIE 2025
17. Vlad Nichiforiuc, **Silvia Poamăneagră**, Dorina Ionescu. Diagnosing the uncommon: imaging and molecular insights into pulmonary Nut carcinoma. Forumul Științific al Tinerilor Medici Oncologi din România. Aprilie 2025
18. Smaranda Diaconescu, **Silvia Poamăneagră**, Elena Tătăranu. Noțiuni de bază în tranziția pacienților pediatrici cu boli cronice către serviciile de adulți. Școala de Vară a Societății Române de Pediatrie 2025
19. Smaranda Diaconescu, Roxana Axinte, **Silvia Poamăneagră**, Adina Frenți. Pancreatita acută la copil, nu chiar atât de rară. Școala de Vară a Societății Române de Pediatrie 2025
20. **Silvia Poamăneagră**, Vlad Afrăsânie. When liver nodules tell a different story: unveiling a pancreatic NET. Oncodigest 2025
21. Smaranda Diaconescu, **Silvia Poamăneagră**, Adina Frenti, Roxana Axinte. Tumorile neuroendocrine gastro-enetero-pancreatice la vârsta copilăriei. Controversies in pediatric endocrinology Timisoara 2025
22. Prof. Univ. Dr. Smaranda Diaconescu, Drd. Roxana Axinte, Drd. Adina Frenti, **Drd. Silvia Poamăneagră**. "Clasici în viață…paraziții intestinali". Școala de Iarnă a Societății Naționale Române de Boli Infecțioase Pediatrice 2025

POSTERS PRESENTED DURING NATIONAL AND INTERNATIONAL MEDICAL EVENTS

Posters

1. **Silvia Cristina Strat**, Daciana Elena Branisteanu. Cutaneous Manifestations in Langerhans Cells Histiocytosis.Primavara Dermatologica Ieseana 2017
2. **Silvia Cristina Strat**, Andra Maria Mircea, Elena Diana Năfureanu, Georgiana Constantinescu, Carmen Vulpoi. Iatrogenic Cushing's Syndrome: not so rare. Congressis-International Congress for Medical Students and Young Doctors 2017
3. Andra Maria Mircea, **Silvia Cristina Strat**, Georgiana Constantinescu, Carmen Vulpoi. A rare case of Autoimmune polyglandular syndrome. Congressis-International Congress for Medical Students and Young Doctors 2017
4. **Silvia Cristina Strat**, Georgiana Constantinescu, Anca Georgiana Tudurean-Olteanu, Lisandra Damian, Cosmina Rîmbu, Voichița Mogoș, Maria Christina Ungureanu. ADRENAL INCIDENTALOMAS: A 3 YEAR EXPERIENCE FROM A RETROSPECTIVE STUDY IN AN EASTERN TERTIARY ROMANIAN CENTER. ESC Berlin, Germany.
5. **Silvia Strat**, Bogdan Rotaru, Lavinia Ionescu, Petru Plamadeala, Elena Macsim, Smaranda Diaconescu. Intestinal tuberculosis VS Crohn's disease - a diagnostic challenge. AI XIV-lea Congres National de Pediatrie „Prezent și Viitor în Pediatria Practică". Cluj Napoca 2019
6. **Silvia Strat**, Cristina Șchiopu, Cristina Jităreanu, Cornelia Popescu, Laura Ilașcu, Nicolai NistorCollective intoxications in pediatrics. Zilele Pediatriei Ieșene N.N. Trifan ediția a XXXII-a. Iasi 2019
7. C.M. Bobarca, Cezara Litcanu, **Silvia Poamaneagra**, Dorina Ionescu. Anti-HER treatments- A decade of therapeutic progress from one patient's perspective. Conferences of the Regional Oncology Institute, Iasi 2024.

CONFERENCES AND SEMINARS

Conferences and Seminars

1. International Public Speaking Competition 2009 Constanta, Romania
2. Congressis- International Congress for Medical Students and Young Doctors 2013.
3. Congressis- International Congress for Medical Students and Young Doctors 2014.
4. Conferinta de Preventie a Diabetului- Iasi 2015
5. Conferinta: „Embrionul-fiinta umana sau produs de conceptie?", Iasi 2015.
6. Seara Clinica de Medicina Interna Ed IV, IasiOct 2015
7. Seara Clinica de Medicina Interna Ed V, Iasi Nov 2015
8. Congressis-International Congress for Medical Students and Young Doctors 2016
9. GSC- 3rd Global Students'Conference of Biomedical Sciences- Belgrade 2016
10. Seara Clinica de Medicina Interna Ed VI, Iasi Nov 2016
11. Seara Clinica de Chirurgie Pediatrica, Iasi Martie 2017
12. Primavara Dermatologica Ieseana, 2017
13. Congressis-International Congress for Medical Students and Young Doctors 2017
14. ESC- European Students' Conference Berlin, Germany 2017
15. Conferința Națională de Pediatrie- Ghiduri și Protocoale în Pediatrie, București, 2019
16. AI XIV-lea Congres National de Pediatrie „Prezentși Viitor în Pediatria Practică". Cluj Napoca 2019
17. Digestive Endoscopy Cluj- septembrie 2019
18. Zilele Pediatriei Ieșene N.N. Trifan ediția a XXXII-a. Iasi 2019
19. Reuniunea Societății Române de Neurogastroenterologie Noiembrie 2019, Iași
20. Confer 2023- Conferences of the Regional Oncology Institute, Iasi 2023
21. Conferinta Actualitati in Sfera Cancerelor ORL eveniment online, 15.11.2023
22. Confer 2024- Conferences of the Regional Oncology Institute, Iasi 2024
23. Conferința „Actualități în terapia cancerelor urologice și ginecologice" Iași, 14 - 15 Martie 2025
24. Forumul Științific al Tinerilor Medici Oncologi din România. Aprilie 2025
25. Confer 2025- Conferences of the Regional Oncology Institute, Iasi 2025
26. Oncodigest Sinaia, 2025
27. Congresul Național de Oncologie Sinaia, 2025

HANDS ON WORKSHOPS

Hands on Workshops

1. Digestive Endoscopy Cluj- septembrie 2019
2. Cursul HANDS-ON COURSE: HIGH-RESOLUTION MANOMETRY IN PEDIATRICS organized during NeurogastRO, Iași 2019

PUBLICATIONS

MAIN AUTHOR (First/Last/Correspondent) in BDI publications

Conf. Dr. Smaranda Diaconescu, **Dr. Silvia Strat***, Dr. Andreea Nichita, Asist. Univ. Dr. Gabriela Paduraru, Asist. Univ. Dr. Gabriela Ghiga, Dr. Oana Maria Rosu, Dr. Ana Maria Scurtu, Dr. Cristina Alexa, Dr. Petru Plamadeala, Dr. Eduard Vasile Rosu, Dr. Lorenza Donea. Congenital choledochal cyst in an infant-clinical case and literature review. Revista Română de Pediatrie, Vol. 68, Nr.2, 2019;https://rjp.com.ro/articles/2019.2/RJP_2019_2_RO_Art-08.pdf

PUBLICATIONS

MAIN AUTHOR (First/Last/Correspondent) in ISI publications

1. Smaranda Diaconescu, Ana-Maria Scurtu, Lorenza Donea, Andreea Nechita, Oana-Maria Rosu, Gabriela Ghiga, Nicoleta Gimiga, **Silvia Strat**. Digestive Hemorrhage in Pediatrics – Diagnostic Challenges in a small toddler with Meckel's diverticulum, Romanian Journal of Oral Rehabilitation, Vol.12, No.2, April-June 2020http://www.rjor.ro/wpcontent/uploads/2020/06/DIGESTIVE-HEMORRHAGE-IN-PEDIATRICS-DIAGNOSTIC-CHALLENGES-IN-A-SMALL-TODDLER-WITH-MECKELS-DIVERTICULUM.pdf
2. Diaconescu, S.; **Strat, S.***; Balan, G.G.; Anton, C.; Stefanescu, G.; Ioniuc, I.; Stanescu, A.M.A. Dermatological Manifestations in Pediatric Inflammatory Bowel Disease. Medicina 2020, 56, 425, https://doi.org/10.3390/ medicina56090425
3. Smaranda Diaconescu, Georgiana Emmanuela Gîlcă-Blanariu, **Silvia Poamaneagra**, Otilia Marginean, Gabriela Paduraru, Gabriela Stefanescu. Could the burden of pancreatic cancer originate in childhood?World J Gastroenterol. 2021 Aug 28;27(32):5322-5340. doi: 10.3748/wjg.v27.i32.5322.

4 **Poamaneagra, Silvia Cristina**, et al. "Behind the Scenes: A Pilot Study on the Evaluation of Healthcare Professionals' Approaches to Transitional Care in Adolescents With Chronic Gastrointestinal Disorders." Cureus 16.8 (2024): e68092,doi: 10.7759/cureus.68092.

5. **Poamaneagra, Silvia Cristina**, Doina-Anca Plesca, Elena Tataranu, Otilia Marginean, Alexandru Nemtoi, Catalina Mihai, Georgiana-Emmanuela Gilca-Blanariu, Cristiana-Mihaela Andronic, Liliana Anchidin-Norocel, and Smaranda Diaconescu. 2024. "A Global Perspective on Transition Models for Pediatric to Adult Cystic Fibrosis Care: What Has Been Made So Far?" Journal of Clinical Medicine 13, no. 23: 7428. https://doi.org/10.3390/jcm13237428

6. **Poamaneagra, Silvia Cristina**, et al. "Transition readiness in pediatric chronic digestive diseases: a regional perspective from north-eastern Romania." *Medicina* 60.12 (2024): 2104. https://doi.org/10.3390/medicina60122104

7. **Poamaneagra, Silvia Cristina**, et al. "The journey to autonomy: understanding parental concerns during the transition of children with chronic digestive disorders." *Medicina* 61.8 (2025): 1338. https://doi.org/10.3390/medicina61081338

PUBLICATIONS

Co-author

1. Conf. Dr. Smaranda Diaconescu, Drd. Dr. Lorenza Donea, Dr. Andreea Nichita, **Dr. Silvia Strat**, Drd. Dr. Oana Maria Roşu, Asist. Univ. Dr. Nicoleta Gimiga, Asist. Univ. Dr. Claudia Olaru, Asist. Univ. Dr. Gabriela Ghiga, Dr. Bogdan Rotaru, Şef Lucr. Dr. Laura Bozomitu, Asist. Univ. Dr. Gheorghe Bălan, Conf. Dr. Gabriela Ştefănescu.Current recommendations in interventional digestive endoscopy . Revista Română de Pediatrie Vol.68, Nr.3, 2019; https://rjp.com.ro/articles/2019.3/RJP_2019_3_RO_Art-03.pdf
2. Diaconescu, S., Rusu, C., Bozomitu, L., Luca, A. C., Vlad, E., Ciobanu-Matei, O. L., Babici, R., **Strat, S.**, Donea, L. (2020). Pompe disease, a late-onset–misleading form of diagnosis in a patient with persistent hepatic cytolysis syndrome. *Romanian JouRnal of PediatRics*, *69*(2), 162. DOI: 10.37897/RJP.2020.2.16.

3. Diaconescu, S., Nichita, A., **Strat, S.**, Roșu, O. M., Gimiga, N., Olaru, C., ... & Donea, L. (2019). ULTRASONOGRAPHY IN PEDIATRIC CLINICAL PRACTICE. *Romanian Journal of Oral Rehabilitation*, *11*(4).

Publications in Abstract Books

PUBLICATIONS IN MEDICAL EVENTS' ABSTRACT BOOKS

1. Alina Biliuta, **Silvia Cristina Strat**, M.V. Marinca. Mediastinal myofibroblastic inflammatory tumour at a young patient. Regional Oncology Institute's Conferences Abstract Book (ISSN 2344-5270)
2. Daniela Semen, **Silvia Cristina Strat**, Alina Biliuta, Ana Trofin, Corina Ursulescu-Lupascu, C. Lupascu. Surgical and oncologic approach of a patient with peryamplullary cholangiocarcinoma and colorectal neoplasm. A case presentation. Regional Oncology Institute's Conferences Abstract Book (ISSN 2344-5270)
3. Alina Biliuta, **Silvia Cristina Strat**, Cristina Maga, Ana Trofin, C.Lupascu. Malignant Fibrous Histiocytoma: case report. Congressis 2016 Abstract Book (ISSN 2501-4641)
4. **Silvia Cristina Strat**, Alina Biliuta, Cristina Maga, Codruta Badescu, Elena Mitrea, C. Rezus. Large Asymptomatic Left Atrial Tumor-case report. Congressis 2016 Abstract Book (ISSN 2501-4641)
5. **Silvia Cristina Strat**, C.Daradici, Cristina Mihaela Ghiciuc, M.Nechifor. Investigation of potential anti-inflammatory and pain-control effect of an Amorpha fruticosa L volatile oil extract. Third Global Students'Conference of Biomedical Sciences
6. Diana Nafureanu, Ioana Florea, **Silvia Cristina Strat**, Irina Girleanu.Ulcerative colitis - from diagnosis to a relatively uncommon evolution. A case report. Congressis 2017-
7. **Silvia Cristina Strat**, Andra Mircea, Diana Năfureanu, Georgiana Constantinescu, Carmen Vulpoi. Iatrogenic Cushing's Syndrome: not so rare.Congressis 2017
8. Andra Mircea, **Silvia Cristina Strat**, Georgiana Constantinescu, Carmen Vulpoi.A rare case of Autoimmune polyglandular syndrome. Congressis 2017
9. **Silvia Cristina Strat**, Georgiana Constantinescu, Anca Georgiana Tudurean-Olteanu, Lisandra Damian, Cosmina Rîmbu, Voichița Mogoș, Maria Christina Ungureanu. ADRENAL INCIDENTALOMAS: A 3 YEAR EXPERIENCE FROM A RETROSPECTIVE STUDY IN AN EASTERN TERTIARY ROMANIAN CENTER
10. T.Schreiner, O.Schreiner, Lilia Catan, **Silvia Cristina Strat**. THE EFFECTS OF ASCORBIC ACID LONG-TERM ADMINISTRATION ON PAIN MODELS IN MICE. IMSCB
11. **Silvia Cristina Strat**, Cristina Maga, T.Schreiner, O.Schreiner. Challenges in the Diagnosis of Heart Tumors-insights from a case. IMSCB
12. Silvia Strat, Bogdan Rotaru, Lavinia Ionescu, Petru Plămădeală, Elena Macsim, Smaranda Diaconescu. Intestinal tuberculosis VS Crohn's disease - a diagnostic challenge. Al XIV-lea Congres National de Pediatrie cu participare internațională. Cluj, 2019
13. **Silvia Strat**, Nicoleta Gimiga, Laura Bozomitu, Lorenza Donea, Smaranda Diaconescu. Non-invasive in pediatric gastroenterology-respiratory tests: indications, results and limits. Zilele Pediatriei Ieșene N.N. Trifan Iași, 2019. 14. **Silvia Strat**, Cristina Șchiopu, Cristina Jităreanu, Cornelia Popescu, Laura Ilașcu, Nicolai Nistor. Collective intoxications in pediatrics. Zilele Pediatriei Ieșene N.N. Trifan Iași, 2019.

Voluntary work

VOLUNTARY WORK

1. Voluntarry work - Centrul de Zi pentru Copii Sf Spiridon Galati – iulie, august 2010
2. Hearts' Cross- Iasi, Septembrie 2014

3.Education for healthy eating- Octombrie 2014

4. Medical Caravane- Septembrie 2016-voluntar (medical services for the elderly population from rural areas)
5. Promoting Voluntary Hematopoetic Stem Cell Donation - Septembrie 2016-voluntary work

PRIZES

Prizes

1. IInd prize - "Large Asymptomatic Left Atrial Tumor-case report". International Congress for Medical Students and Young Doctors- Congressis 2016
2. Honourable Mention – International Public Speaking Competition 2009
3. Prize for the best scientific poster, students' section. Cutaneous Manifestations in Langerhans Cells Histiocytosis. Primavara Dermatologica Ieseana 2017