

## Curriculum vitae



**Gáspárik Andrea Ildikó, MD, PhD**

Address

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### Work experience

Period	2013-ongoing
Occupation and position held	Associate Professor (from 2021)
Name of employer	UMFST GEP Tg Mures Public Health and Health Management
Period	2012-ongoing
Occupation and position held	President
Name of employer	ASPOR (Romanian Association for Osteoporosis Prevention)
Period	2010-2012
Occupation and position held	Medical director
Name of employer	Sighisoara County Hospital
Period	2005-2011 President
Occupation and position held	2000-2005 Executive director
Name of employer	ASPOR (Romanian Association for Osteoporosis Prevention)
Period	2008-2010
Occupation and position held	Marketing and Communication director
Name of employer	MBT Romania
Period	1998-2000 Marketing manager/ Product specialist
Occupation and position held	1995-1998 Product and sales representative
Name of employer	Eli Lilly & co
Period	1993-1995
Name of employer	Clinical Hospital Tg Mures

<b>Education</b>	<p>2022 Health Economy – Postgraduate Development Program [HEALTHESIS]  2015 Specialist in Public Health and Health Management  2013 PhD in medicine, UMF Tg Mures</p> <p>2012 Profex-UMF medical english B2 combined</p> <p>2011 Hospital Management / Școala Națională de Sănătate Publică, Management și Perfecționare (SNSPMP-DSB)</p> <p>2011 Quality Management Systems – MMFPS-MECI</p> <p>2004 Instructor (train the trainers) in PR domain / Centrul Național de Perfecționare Postuniversitară a Medicilor</p> <p>2002 Project Management (CODEX-Open University Business School)</p> <p>2000 Managing Customer and Clients Relations (Codex-Open University Business School)</p> <p>1985-1991 UMF Tg Mures, General Medicine  1978-1982 Theoretical College Gh Șincai, LMF Baia Mare</p>
<b>Languages</b>	<p>Hungarian (mother tongue), Romanian</p> <p>english B2 medical english (licensed Profex)</p> <p>german B1</p>
IT skills, competencies	<p>Competency: PC 3103 MS EXCEL 97-Advanced functions/ Program Unix sistem V Office package,  Proficiency in: MS Word, MS Power Point and SPSS</p>
Driving license	A, B
International board member	<p>Scientific board of:</p> <ul style="list-style-type: none"> <li>- European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis (ESCEO)</li> <li>- Regional representative for Eastern european region IOF (International Osteoporosis Foundation) –CNS (Committe of National Societies)</li> <li>- IOF/ CNS (Committee of National Societies)</li> </ul>
Member	MTA (Hungarian Academy of Sciences) member
Awards	<ul style="list-style-type: none"> <li>• Linda Edwards memorial award, Worldwide Conference of Osteoporosis Patient Societies, Istambul, 2003</li> <li>• International Osteoporosis Foundation: President`s Award, Malaga ESCEO, 2016</li> </ul>

- European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis (ESCEO)
  - Regional representative for Eastern european region IOF (International Osteoporosis Foundation) –CNS (Committee of National Societies)
  - IOF/ CNS (Committee of National Societies)
  - MTA (Hungarian Academy of Sciences) corresp. member
- Linda Edwards memorial award, Worldwide Conference of Osteoporosis Patient Societies, Istanbul, 2003
  - International Osteoporosis Foundation: President`s Award, Malaga ESCEO, 2016

## Projects

- CLL-CLUE: AI based clinical decision support) 2020 /2021
- Syreon-UMFST, 5000Eur, Evaluarea factorilor de influenta asupra incidentei fracturilor de sold osteoporotice, 2020 /2021
- "Consolidarea vizibilității și a competitivității a UMFST GEP prin internaționalizare, noi direcții și provocări în contextul pandemiei de COVID 19" UEFISCDI, contract CNFIS-FDI-2021-0507
- Proiect „Program postuniversitar de formare în economia sănătății [HEALTHESIS]”, POCU/918/4/8/149892.
- International Osteoporosis Foundation-UMFST-Aspor, 2000 CHF, The Osteoporosis Essentials: Densitometry, Diagnosis and Management international course 2019
- Davidson College-UMFST 129.768 USD Building capacity for tobacco research in Romania; 2014 (contract din 2015)
- EUR-MTA, 300.000 Ft, Mobility grant Paradigm shift in elderly-care 2020

## Publications

### Articles

- Soare, M. M., Gasparik, A. I., Popoviciu, H. V., & Pascanu, I. M. (2025). Bridging Muscle and Bone Health: Rectus Femoris Ultrasound Parameters Predict Osteoporosis and Identify Low Muscle Mass in Romanian Postmenopausal Women. *Journal of Clinical Medicine*, 14(18), 65
- Beaudart C, Tilquin N, Abramowicz P, Baptista F, Peng DJ, de Souza Orlandi F, Drey M, Dzhus M, Fábrega-Cuadros R, Fernandez-Garrido J, Laurindo LF, Gasparik AI, Geerinck A, Emin G, Iacob S, Kilaitė J, Kumar P, Lee SC, Lou VWQ, Mahmoodi M, Matijevic R, Matveeva MV, Merle B, Montero-Erassquin B, Bhattoa HP, Safonova Y, Şimşek H, Topinkova E, Tsekoura M, Erdoğan T, Yoo JI, Yu R, Hilgsmann M, Reginster JY, Bruyère O. Quality of life in sarcopenia measured with the SarQoL questionnaire: A meta-analysis of individual patient data. *Maturitas*. 2024 Feb;180:107902. doi: 10.1016/j.maturitas.2023.107902. Epub 2023 Dec 15. PMID: 38142467.
- Andrea I Gasparik, László Lorenzovici, Ionela M Paşcanu, Zsombor Csata, Cătălina Poiană, Ramona Dobre, Miruna M Bartelick Predictors of mortality for patients with hip fracture: a study of the nationwide 1-year records of 24,950 fractures in Romania. *Archives of Osteoporosis* 2023, 17;18(1):69. doi: 10.1007/s11657-023-01253-7

- Lorenzovici, L., Szilberhorn, L., Farkas-Ráduly Sz., Gáspárik A.I. Precup A.M., Nagy A.Gy., Niemann, C.U., Aittokallio, T. , Kaló, Z. Systematic literature review of economic evaluations in chronic lymphocytic leukemia. *BioDrug* 2023, 37(2)
- Geerinck A, Demian M-B, Beaudart C, Gasparik A.-I. Validation of the Hungarian Version of the SarQoL Questionnaire and Its Association with the SARC-F Screening Tool. *Journal of Frailty and Aging*, 2022, 11(3), pp. 267-273
- Gasparik, A., Szőcs, T., Pascanu, I., Csata, Z., Poiana, C. Family history -bmd independently - influences fracture risk. *Acta Endocrinologica*, 2021, 17(4), pp. 498-502
- Gasparik AI, Demian MB, Pascanu I, Romanian Translation and Validation of the SARC-F Questionnaire, *Acta Endo (Buc)* 2020, 16 (2): 216-222
- Gasparik AI, Demian MB, Pascanu I et al Evaluation of the Hungarian-language SARC-F sarcopenia screening questionnaire, *Orvosi Hetilap*, 161 (47): 2005-2010
- Albert E, Daniel B, Paulik E, Gasparik AI, Changes in teenage attitude and smoking behaviour after the implementation of the smoke-free law in Romania, *Romanian Journal of political science*, 2019, 31(6):889-895
- Gabriela Mihai, Andrea Ildiko Gasparik, Ionela Maria Pascanu, Mariana Cevei, Adina Hutanu, Raluca-Monica Pop, The influence of Visfatin, RBP-4 and insulin resistance on bone mineral density in women with treated primary osteoporosis, *Aging Clinical and Experimental Research*, Pp1-7, 2019
- Albert-Lőrincz, E., Szabó, B., Paulik, E., Gáspárik, A.I., Do minorities smoke more? A comparison of smoking prevalence and other sociodemographic factors between ethnic Romanian and Hungarian teenagers in Romania, *Journal of Romanian Literary Studies* 2019 (16), 112-119
- Albert-Lőrincz, E., Dániel, B., Foley, LK., Szabó, B., Paulik, E., Gáspárik, A.I., Factors contributing to receptivity to New Clean Air law among Transylvanian teenagers, *Journal of Romanian Literary Studies*, 2019, 16: 106-111
- Vereckei, E., Gasparik A.I., Hodinka, L. A sarcopenia -izomfogyás -kockázatának felmérésére fejlesztett szűrő-kérdőív (sarc-F Questionnaire) hiteles magyar fordítása, *Magyar Reumatológia*, 2019, Vol 60 (2), P 103-107
- Hodinka Laszlo, Gáspárik Andrea Ildikó, Sarcopenia and quality of life: The validated Hungarian translation of the Sarcopenia Quality of Life (SarQoL) questionnaire, *HMJ/ Orvosi Hetilap*, 2018, Vol 36 (to be published in September)
- Eniko Albert-Lorincz, Edit Paulik, Bela Szabo, Kristie Foley, Andrea Ildiko Gasparik, Adolescent smoking and the social capital of local communities in three counties in Romania ", *Gaceta Sanitaria*, 2018
- Gasparik A.I. Mihai et al Psychometric performance of the Romanian version of the SarQoL, a health-related quality of life questionnaire for sarcopenia, *Archives of Osteoporosis*, 2017, Vol 12
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- Gasparik Andrea Ildiko, Abram Zoltan, Albert Lorincz Eniko, Golea Cristia, Ceana Daniela, Farcas Dorina Maria- Migration, Profession and Vocation – through the Prism of the, *Principles of Bioethics*, *International Review of Social Sciences*. 2016, Vol 4, Issue11
- Gasparik, A. I., Mihai, G., Pascanu, I.M., Romanian Translation and cross-cultural adaptation of the SarQoL Questionnaire, *Acta Medica Marisiensis*, Vol 3, 2016.
- Gasparik Andrea Ildiko, Clinical setting influences patterns of interaction between osteoporosis patient and physician, *Calcified Tissue International*, Volume 95, Issue 2, 2014, pp122-124
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- Gáspárik Andrea Ildikó, Ábrám Zoltán, Albert-Lőrincz Enikő, Ceana Daniela Edith - Particularities of communication between doctor and patient. Comparison of results of evaluation from Romania with similar data from Japan and the United States of America, *Acta Medica Transilvanica*, 2012 Nr 3, 163-164 /19-20
- Gáspárik Andrea Ildikó, Ábrám Zoltán, Albert-Lőrincz Enikő - Particularities of doctor-patient communication, assessed in 6 Romanian outpatient clinics, *Acta Medica Marisiensis*, Volume 58, 2012, 166-168

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- Albert Lorincz Eniko, Bernath Krisztina, Barna Gergely, Gasparik Ildiko, Paulik Edit, Szabo Bela, 2018, A kozossegi toke es a serdulokori dohanyzas osszefuggesei, In Kovacs RR (ed) *Egészségünk közös ügyünk! )Sanatatea este o chestiune comuna)*, Editura Stiinta. Cluj Napoca pp
- Albert Lorincz Eniko, Bernath Krisztina, Szabo Bela, Gasparik Andrea Ildiko, Urban Robert, Paulik Edit (2018) Preventie comunitara pentru adolescentii din diferite comunitati locale, in Abram Z, Nadasan V, (coord) *Dezvoltarea capacitatii de cercetare in domeniul fumatului in Romania* 47-71, Universdity Press, TgMures, 978-973-169-521-1
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- Albert-Lőrincz Enikő, Gáspárik Ildikó Andrea, Albert-Lőrincz Márton, Dániel Botond, Szabó Béla, 2016: Beszámoló egy nemzetközi projekt keretében zajló a serdülők dohányzási szokásait vizsgáló beavatkozó kutatásról, *Korunk nov.*, p. 90.-98. KOMP-PRESS, ISSN: 1222-8338.

## Abstracts

- Gasparik A.I., L. Lorenzovici, M. Cevei, D. M. Farcas, D. Stoicanescu·OCs1 - P175 Variations in hospital length of stay and performed surgical procedures after hip fractures. 2025. WCO Osteoarthritis and musculoskeletal diseases
- A. Gasparik<sup>3</sup>, A. Gherle<sup>1</sup>, M. S. Deac. Severe sarcopenia and osteoporosis in a case with medullary transection. M. Cevei<sup>1</sup>, D. Stoicanescu<sup>2</sup>, 2025 WCO Osteoarthritis and musculoskeletal diseases
- M. M. Bartelick , I. M. Pascanu, A. I. Gasparik. Romanian incidence trends and rate of conservatively treated hip fractures 2019-2022. 2025 WCO Osteoarthritis and musculoskeletal diseases
- Nădășan Valentin, Baci Teodor-Marian, Neguțescu Alexandra-Maria, Moldovan Razvan, Chicoș Roberto, Gasparik Andrea Ildiko Patients' Internet Use for Health-Related Purposes: A Cross-Sectional Study. Applied Medical Informatics. 2067-7855. 2025. 42-42 (1)
- A. I. Gasparik, Z. S. Csata, I. Pascanu, L. Lorenzovici, M. Bartelick. Predictors of length of hospital stay and mortality in romanian hip fracture patients WCO Osteoarthritis and musculoskeletal diseases 2023 P442
- M. M. Bartelick, I. M. Pascanu, M. Cevei, A. I. Gasparik. Effect of the covid-19 pandemic on romanian hip fracture hospital admission rates WCO Osteoarthritis and musculoskeletal diseases 2023 P1117
- Cevei, D. Stoicanescu , A. Gherle, A. Gasparik. Prevention of physical deconditioning in a case with sarcopenia, osteoporosis and obesity m. WCO Osteoarthritis and musculoskeletal diseases 2023 P920
- A. I. Gasparik , T. Szocs , M. Cevei , C. Poiana , C. S. Zsombor , S. Mihalcea, D. M. Farcas , L. D. Stoicanescu The impact of heredity on density-independent fracture risk WCO Osteoarthritis and musculoskeletal diseases 2022 P443
- Cevei , S. Stoicanescu , D. Pop , N. Avram Guler , A. Gherle , C. Cioara-Andronie, I. Gasparik A. Severe osteoporosis in a case with multiple risk factors and recent sars-cov-2 infection M. WCO Osteoarthritis and musculoskeletal diseases 2022 WCO Osteoarthritis and musculoskeletal diseases 2022 P561
- M. M. Bartelick<sup>1</sup> , I. M. Pascanu<sup>1</sup> , L. Lorenzovici<sup>2</sup> , A. Barzan<sup>2</sup> , S. Farkas<sup>2</sup> , A. I. Gasparik<sup>1</sup> Romanian hip fracture incidence trends 2017-2019. WCO Osteoarthritis and musculoskeletal diseases 2022 P 563
- A. I. Gasparik, B. Mester-Nagy, M. Cevei, S. Mihalcea, D. Stoicanescu, M. Farcas, Z.S. Csata. Self-directed ageism and physical performance among older adults, ESCEO 2021, Abstract book, 2021 p24
- Gasparik A.I. Hompoth K, Ceana D.E., Moldovan I Buicu F Assessing ageist behaviours among young adults in Romania. Book of abstracts. University Press Vol 3. 2020 ISSN 2602-16093
- Gasparik AI. Integrating scientific evidence, Patient Centered Care and Personalized Medicine In OP WCO IOF-ESCEO Abstract book, 2020, P1266. pp. 673
- Gasparik A. I., Hodinka L , Demian MB, Kovacs T, Mihai G. Validation of the Hungarian translation of the Sarc-F questionnaire. WCO IOF-ESCEO Abstract book, 2020. 1182, pp. 636
- Gasparik AI, Demian M. B., Kovacs T., Pascanu IM. Psychometric properties of the Hungarian version of the Sarqol®, a sarcopaenia specific quality of life questionnaire WCO IOF-ESCEO Abstract book, 2020, P. 1158, pp625
- Gasparik A.I. Health Technology Assessment in Osteoporosis. Pain, Joints, Spine UK 2019. Vol 9 (4) p. ISSN:263 2224-1507
- A. Gasparik , M. Cevei , D. Stoicanescu, T. Szocs Family history influences fracture risk BMD independently, WCO IOF-ESCEO Abstract book, 2019 P 1067, p 631, Ocs11, p 102
- Gasparik, A. I.; Jeszenszky, C.; Vitus, N. The impact of different types of sedentary behaviors on frailty, Osteoporosis International, 2019, Vol 30 (1), P S98 Conference: IOF-Regional 7th Asia-Pacific Osteoporosis Conference Location: Sydney, AUSTRALIA

- Gasparik, A. I.; Hodinka, L. Cross-cultural adaptation of the SarQol questionnaire into Hungarian Language, Conference: WCO-IOF-ESCEO World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases Location: Krakow, POLAND, Osteoporosis International, 2019, Vol 29 (1), P S536-537
- A.I Gasparik A, The Semmelweis Paradigm. Innovation acceptance then and now, MTA 2018 Pecs
- A I Gasparik, Individualised Care: Patient centered Care vs Personalised Care, Revista Romani de Medicina de laborator Nr 4 Vol 26 Suppl, 2018
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- G. Mihai, I. M. Pascanu, R.M. Pop, A. I. Gasparik, validation of the Romanian Sarqol Questionnaire, Osteoporosis International, 2018, S 458,
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- A. I. Gasparik (presenting author) Authors: G. Mihai<sup>1</sup> , C. Sucaliuc<sup>2</sup> , I. M. Pascanu<sup>3</sup> , A. I. Gasparik<sup>4</sup> Discriminative power of Romanian version of sarqol questionnaire: preliminary results, Florence ESCEO 2017, Osteoporosis International, 2017, Vol 28, p95, 602
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- A.I. Gasparik, D.M. Farcas, M.L. Cevei, Gender differences in patient involvement in osteoporosis care, Osteoporosis International, 2016, P 581
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- A. Gasparik, Rural patients: less fragile? 3<sup>rd</sup> Middle East and Africa Osteoporosis Meeting, Abu Dhabi, 2015, Osteoporosis International, Vol 27?, P169
- I. Gasparik, Influence of urban and rural residency on frax values, Osteoporosis International, Vol 26, 2015, C348
- Gasparik Andrea Ildikó, Albert-Lőrincz Enikő, Albert-Lőrincz Márton, Barna Grigore, Barna Katalin, Bernáth-Nagy Krisztina, Szabó Béla, Correlation between school performance and smoking prevalence, UMF Staff Conference, December 2015, UMF Tg. Mures
- Gasparik Andrea Ildiko, Albert-Lorincz Eniko, Albert-Lorincz Marton, Barna Gergo, Bernath Krisztina, Paulik Edit, Szabo Bela, Differences in prevalence of tobacco use among adolescents in Romania – a comparison between romanian and hungarian ethnic groups, VI-th National Tabacology Conference „Women`s role in limitation of smoking ” Tg. Mureş, May 2015
- A.I. Gasparik, Lifestyle risk and medication issues discussed with osteoporosis patients, Osteoporosis International, Vol 25, 2014, OC abstract, p59
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- Gáspárik Andrea Ildikó, Albert Lőrincz Enikő, Ábrám Zoltán, Mihalcea Salvina, Tóké Botond, Farcas Dorina Maria - Structure and particularities of doctor and osteoporosis-patient interaction in 3 Romanian outpatient clinics, Osteoporosis International, Volume 23, 2012, S156
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- Gasparik Andrea Ildikó, Mihalcea Salvina, Farcas Maria -How does quality of patient-physician communication affect persistence of treatment, Osteoporosis International, 2010, Vol 21, Suppl. 5, S748
- Gasparik Andrea, Nagy Előd, Mihalcea Salvina, Pap Martha - Comparison of BMD values of high dose milk consumers versus non-regular milk consumers, Osteoporosis International, 2010, Vol 21, S92
- Gasparik Andrea Ildiko, Balanescu Andra, Dragoi Gabriela - Risk factors for OP in Postmenapusal women from urban versus rural areas in North Western Romania, Osteoporosis International, 2003, Volume14, S43

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- Gasparik Andrea Ildikó, Nagy Előd, Mihalcea Salvina - Effects of dairy consumption on BMD values, Osteoporosis International Vol 18, 2007, S130

#### Coauthor

- Osteoporosis and sarcopenia in a case with leopard syndrome. D. Stoicanescu , M. Cevei, A. Gasparik, A. Gherle WCO Osteoarthritis and musculoskeletal diseases 2023 P941
- Johansson H, Poiana C, Barbu C, Pascanul, Gasparik Al., Dobre R, Harvey N, Liu E, Vandepuut L , Lorentzon M, Mc Closkey E, Kanis J. Changes in hip fracture incidence in Romania and implications for FRAX. WCO Osteoarthritis and musculoskeletal diseases 2022. p.316
- D. Stoicanescu , M. L. Cevei , I. Gasparik Impairment of muscle and bone mass in immobilised patients with stroke, WCO IOF-ESCEO Abstract book, P765 2019 p 470
- D. M. Farcas , F. Marc , C. Suteu , I. Gasparik , L. Sachelarie, Influence of rehabilitation therapy on evolution in patients with fibromyalgia WCO IOF-ESCEO Abstract book, 2019 P1114 P 654
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