RALUCA P. SFETCU

Bucharest, Romania

National School of Public Health, Management and Professional Development, Bucharest

Education

PhD, Psychology, Babes Bolyai University, 2013

MA, Human Resources Management, Babes Bolyai University, 2006

BS, Economics, Babes Bolyai University, 2006

BS, Psychology & Educational Sciences, Babes Bolyai University, 2005

Professional positions

2019 - present	Associate researcher, National School of Public Health,
2014-2017	Management and Professional Development, Bucharest
2015-present	Associate Professor in School of Psychology and Educational
	Sciences, Spiru Haret University, Bucharest
2011-2013	Associate researcher, Economic forecasting institute of the
	Romanian Academy, Bucharest, Romania
2011-2015	Assistant Professor, Spiru Haret University, Faculty of Sociology
	and Psychology, Bucharest, Romania;
2010-2018	Organisational Development Consultant, OAMGMAMR
	Bucharest
2010-2012	Human Resources expert, National School of Public Health and
	Health Services Management, Bucharest
2008-2010	RTA Assistant, National School of Public Health and Health
	Services Management, Bucharest, EC Twinning Project "Support
	for the development of Community Mental Health services and
	deinstitutionalization of persons with mental illnesses"
2006-2008	Management Adviser, National Centre for Mental Health –
	Romania, Bucharest

Other Professional Affiliations & Services to Educational and Government Agencies

2017 – present	Member in the Board of Romanian Alzheimer Society
2015 - 2018	Member in the Scientific Advisory Council of the Educational
	Sciences Institute
2011-2018	Research adviser for the Order of General Medical Assistants
	Midwives and Medical Assistants in Romania Bucharest
	(OGMAMMARB)
2014 - present	Deputy Director of the European Region of the Joanna Briggs
	Collaboration Network
2013	Rapporteur for the consultation workshop on the Future of European
	public health research organized by EC DG-Research
2010 – 2013	Task force team member for the Young Gastein Initiative
2011	External reviewer for the SDC (Swiss Development Cooperation) in

Moldova

2010 Thematic Expert for the FAHRE (Food and Health Research in

Europe) project of the European Commission

National Expert for the European Commission funded study on the

Social Services of General Interest (SSGI),

Publications

BOOKS AND BOOK CHAPTERS

Sfetcu, R. and Ungureanu, M., <u>An Overview of Mental Health in Romania</u>. *World Scientific Book Chapters*, pp.141-174 (2020).

Moola, S., Z. Munn, C. Tufanaru, E. Aromataris, K. Sears, R. Sfetcu, M. Currie et al. "<u>Chapter 7: Systematic reviews of etiology and risk</u>." Joanna Briggs Institute Reviewer's Manual. The Joanna Briggs Institute (2017).

Cristian Vladescu, Matei Marian, Raluca Sfetcu (editors) <u>Ghid practic pentru asistenta</u> medicala comunitara, Editura Estfalia, Bucuresti, ISBN 978-606-8284-30-9 Mai 2012

Lockwood, C., Sfetcu, R., & Oh, E. G. <u>Synthesizing Quantitative Evidence</u>. Lippincott Williams & Wilkins, 2011

Heinz Katschnig, Mugur Ciumăgeanu, Dan Ghenea şi Raluca Sfetcu (editors) three volume set <u>"Linii directoare pentru îmbunătățirea îngrijirilor de sănătate mintală în România"</u>, Qualmedia, Cluj Napoca, 2009

JOURNAL ARTICLES

Katschnig, H., Stra.mayr, C., Endel, F., Berger, M., Zauner, G., Kalseth, J., Sfetcu, R.,... & CEPHOS-LINK study group. (2019). <u>Using national electronic health care registries for comparing the risk of psychiatric re-hospitalisation in six European countries: Opportunities and limitations</u>. Health Policy.

Adnanes, M., Melby, L., Cresswell-Smith, J., Westerlund, H., Rabbi, L., Dernovšek, M. Z., Sfetcu, R.,... & Donisi, V. (2018). Mental health service users' experiences of psychiatric rehospitalisationan explorative focus group study in six European countries. BMC health services research, 18(1), 516.

Cetrano, G., Salvador-Carulla, L., Tedeschi, F., Rabbi, L., Guti.rrez-Colos.a, M. R., Gonzalez-Caballero, J. L., Sfetcu, R.,... & Kalseth, B. (2018). <u>The balance of adult mental health care: provision of core health versus other types of care in eight European countries.</u>
Epidemiology and psychiatric sciences, 1-10.

Tipa, R. O., Sfetcu, R., Tudose, C., & Pucarea, V. L. (2018). <u>A scoping review of internal marketing definitions, tools and strategies in the context of healthcare systems</u>. Management in Health, 22(2).

Montagni, I., Salvador-Carulla, L., Mcdaid, D., Stra.mayr, C., Endel, F., N..t.nen, P., Sfetcu, R., ...& Chevreul, K. (2018). <u>The REFINEMENT glossary of terms: an international terminology for mental health systems assessment.</u> Administration and Policy in Mental Health and Mental Health Services Research, 45(2), 342-351.

Mazilu, D. C., Zazu, M., Nedelcu, V., & Sfetcu, R. (2018). <u>Effectiveness of pain management educational interventions on nurses' knowledge and attitudes regarding postoperative pain management: a systematic review protocol.</u> JBI database of systematic reviews and implementation reports, 16(2), 303-307.

Sfetcu, R., S. Musat, P. Haaramo, M. Ciutan, G. Scintee, C. Vladescu, K. Wahlbeck, and H. Katschnig. "Overview of post-discharge predictors for psychiatric re-hospitalisations: a systematic review of the literature." BMC psychiatry 17, no. 1 (2017): 227.

Gutiérrez-Colosía, Mencia R., et al. "<u>Standard comparison of local mental health care systems in eight European countries</u>." Epidemiology and psychiatric sciences (2017): 1-14.

Montagni, I., et al. "<u>The REFINEMENT Glossary of Terms: An International Terminology for Mental Health Systems Assessment.</u>" Administration and policy in mental health 45.2 (2018): 342.

João Luis Alves Apóstolo, Luís Manuel de Jesus Loureiro Ivo Alexandre Carvalho dos Reis Inês Alves Leal Leita da Silva, Daniela Filipa Batista Cardoso, Raluca Sfetcu (2014) Contribution to the adaptation of the Geriatric Depression Scale -15 into portuguese, Revista de Enfermagem Referência Série IV - n.° 3 ISSNe: 2182.2883 | ISSNp: 0874.0283, pp.65-73

Bidilica, M., Nedelcu, V., Sfetcu, R., Ionescu, D., & Corneci, D. (2013). <u>Occupational Stress in Romanian Intensive Care Nurses. A Multicentric Study</u>. Management in Health, 17(4). doi:10.5233/mih.v17i4.287

Sfetcu, R. <u>Collaborative practices in mental health care: multidisciplinary teamwork or interprofessional collaboration groups</u>? Management in Health, 17(2). doi:10.5233/mih.v17i2.267

Sfetcu, R. Perceiver and target effects evaluating the professional competencies of others. Does it have an impact on inter-professional collaboration? Management in Health, 17(3). doi:10.5233/mih.v17i3.279Sfetcu,

Vasilica Constantinescu, Mona Moldovan, Raluca Sfetcu - <u>Community Health Network</u> <u>Development – a need and a support for community</u>, Management in Health, 16(1).2012 doi:10.5233/mih.v16i1.220

Carmen Beatrice Pauna, Raluca Sfetcu, Marioara Iordan "The impact of poverty on mental health and well-being and the necessity for integrated social policies in Romania," ERSA conference papers ersa11p1495, European Regional Science Association.

Mark, M., Amina, A.-S., Diána, B., Lynn, F., Vasant, H., Tim, L. (...) Raluca, S. <u>Research for food and health in Europe: themes, needs and proposals.</u> Health Research Policy and Systems, 9.

Junjan Veronica, Miclutia Ioana, Popescu Codruta, Ciumageanu Mugur, Sfetcu Raluca, Ghenea Dan <u>-The provision of psychiatric care in Romania -need for change or change of needs?</u>, Transylvanian Review of Administrative Sciences, No. 26/E/June/2009, p. 81-93, ISSN: 1842-2845

Veronica Junjan, Ioana Micluţia, Codruţa Popescu, Mugur Ciumăgeanu, Raluca Sfetcu, Dan Ghenea, <u>Overview of the Romanian Inpatient Psychiatric Services Romanian</u> Journal of Psychopharmacology, No.3, 2009, ISSN 1582-7674

Heinz Katschnig, Mugur Ciumãgeanu, Dan Ghenea, Raluca Sfetcu, "<u>The mental health twinning projects of the European Commission 2007-2013</u>", Revista Română de Psihiatrie, nr. 3-4/2008, ISSN1454-7848, pag. 67-70

Manuela Sofia Stănculescu, Dana Niţulescu, Mihnea Preotesi, Mugur Ciumăgeanu, Raluca Sfetcu, "Persoanele cu probleme de sănătate mintală în Romania: stereotipuri, cauze şi modalități de îngrijire percepute, atitudini şi distanță socială, Calitatea Vietii, XIX, nr. 3–4, 2008, p. 284–316, ISSN 1018-0839, http://www.revistacalitateavietii.ro/2008/CV-3-4-2008/04.pdf

Invited or refereed abstracts and/or presentations at professional meetings

Sfetcu R., Chihai J., Milićević-Kalašić A., Durmishi E., Invited workshop at the National Alzheimer Conference CNALZ 2015, Bucharest; What is being done and what is needed to care for the mental health of the elderly in four SEE countries. A research project presentation, 2015

Sfetcu R. Lungu C, Musat S., Tudose C. ., poster presentation at the National Alzheimer Conference CNALZ 2015, Bucharest; <u>Patterns of inpatient geriatric service use by the elderly with mental health problems.</u>, 2015

Sfetcu R. oral presentation at the Fifth national Psychiatric Congress "Mental health service delivery to older people in four countries from the Central - East Europe region (Romania, Moldova, Serbia, Albania). Does the resource allocation meet the actual and future needs?", 2014

Sfetcu R, Nawka A., European Health Forum Gastein, <u>"mHealth in mental health: how can those two become a healthy mix? Experience from a Leonardo da Vinci educational grant "mHealth Psycho-educational intervention for antipsychotic-induced side effects"</u> (poster authored by), 2013

Conferinta de Psihiatrie Comunitara si Reablitare Psihosociala Campulung Moldovenesc, 12 iulie 2013, Financing Mental Health Care. The example of Romania

WPA Regional Congress for Southeast Europe and Eurasia Primary Care, Mental Health & Public Health Integration: The Catalytic Role of Information and Communication Technology (ICT) Bucharest, April 10-13, 2013; Service patterns, financing mechanisms, incentives and pathways of care in the Romanian mental health care system.

European Health Forum Gastein, Gastein, Austria, 3-6 October 2012, 4. "Mental health in a digital future" (poster authored by Raluca Sfetcu and Alexander Nawka)

30th International Congress of Psychology, Psychology Serving Humanity, Cape Town, SA, 22-27 July 2012; Mental health services: Developing management and servicing tools for low and middle income countries (presentation of the poster authored by Raluca Sfetcu, Mugur Ciumageanu, Michaela Amering, Heinz Katschnig, Dan Ghenea)

8th Biennial Joanna Briggs International Colloquium, Channelling the Rivers of Knowledge to Improve Global Policy and Practice which, Chiang Mai, Thailand, November 12th - 14th, 2012, "How do the Romanian nurses perceive their level of professionalism and professional status in relation to competence/knowledge and professional identity?" (Poster presentation)

15th World Congress of Psychiatry, Buenos Aires, Argentina, 18 – 22 September 2011, speaker in the workshop Essential Tools for Community Mental Health Services in Low and Middle Income Countries

9th ENMESH (European Network for Mental Health Service Evaluation) conference, Ulm, Germany, 23 – 25 June; poster presentation "Comparing financing mechanisms of psychiatric hospital care in Austria, Germany and Romania"

Tenth workshop on costs and assessment in psychiatry, Mental health policy and economics, Venice, Italy, 25 – 27 March 2011; Oral presentation "What Does circulatory migration cost for the sending country? Evidence of mental health cost for the sending country"

7th Biennial International Joanna Briggs Colloquium "Knowledge to Action: The Next Generation of Evidence Based Practice", Chicago, Illinois USA, 13-15 September 2010; Poster presentation "The Need for Integration of Evidence Based Resources for Practice (EBRP) In Continues Medical Education (CME) Programs For Nurses"

20th World Congress of Social Psychiatry, Marrakech, Morocco, 23 - 27 October 2010, A Tool for Antistigma Actions in Schools (workshop "Essential Tools for Community Mental Health Services in Low and Middle Income Countries"); Speaker in the workshop "Mental Health Care Reform and Financing Mechanisms - The Examples of Austria and Romania"

20th World Congress of Social Psychiatry, Marrakech, Morocco, 23 - 27 October 2010, A Tool for Antistigma Actions in Schools (workshop "Essential Tools for Community Mental

Health Services in Low and Middle Income Countries"); Speaker in the workshop "Mental Health Care Reform and Financing Mechanisms - The Examples of Austria and Romania"

20th World Congress of Social Psychiatry, Marrakech, Morocco, 23 - 27 October 2010, Speaker in the workshop "Mental Health Care Reform and Financing Mechanisms - The Examples of Austria and Romania"

WPA section on psychiatric epidemiology 2010, Prediction in Psychiatric Epidemiology - From Childhood and Adolescence to Adulthood, Lisbon, Portugal — July 11-14, 2010

1st Central & Southeast European Congress of Social & Community Psychiatry, Gura Humorului, Romania, 5-8 July 2009 - Support for the development of community mental health services and the deinstitutionalization of persons with mental disorders

1st Central & Southeast European Congress of Social & Community Psychiatry, Gura Humorului, Romania, 5-8 July 2009 - Mental Health Twinning Project Component III, Training for Interactive Psychiatric Screening (TRIPS)

National Conference of Organizational Psychology Association (APIO), Annual Meeting, 5 – 7 June 2009, Cluj Napoca – European organizational change interventions in Community Mental Health Care System. A multi-professional approach

Fourth International Stigma Conference 2009, Together Against Stigma, 21 – 23 January 2009, London UK - Public stereotypes of mental disorders in Romania - A case vignette study

8th International ENMESH Conference "Good practice – Good outcome?", 23 – 25 May 2008, Cracow, Poland - Psychiatric reform in Romania from an EU and a Romanian perspective

National Conference of Organizational Psychology Association (APIO), Annual Meeting, 10 – 13 April 2008, Cluj Napoca – "Initiative for Quality", an organizational diagnosis project in Mental Health Hospitals in Romania

National Conference of Organizational Psychology Association (APIO), Annual Meeting, 6-8 May 2007, Cluj Napoca – Organizational changes in mental health systems

National Psychiatry Conference organized by the Romanian Psychiatrists Association (APR), Annual Meeting, 13-15 September 2006, Reform in the mental health care system – challenges and opportunities

Grants and Contracts

Title: Burnout education, normatives and digital tools for European Universities (BENDIt-EU) - KA204

Funded by: Strategic partnership for higher education; Agreement number 2020-1-RO01-KA203-080261

General Role: Scientific Coordinator (Partner)

December 2020 - Mai 2023

Title: EVBRES - Towards an International Network for Evidence-based Research in Clinical

Health Research (EVBRES)

Funded by: COST Association (European Cooperation in Science and Technology)

General Role: Action Management Committee Member

October 2018 - October 2022

Title: INDEED – Innovation for Dementia in the Danube Region (INDEED)

Funded by: Interreg Danube Transnational Programme

General Role: Posdoc researcher

July 2018 - June 2021

Title: SUCCESS – SUccessful Caregiver Communication and Everyday Situation Support in

dementia care (SUCCESS)

Funded by: AAL - ACTIVE AND ASSISTED LIVING PROGRAMME

General Role: Research Coordinator

March 2017 - February 2020

Title: Comparative Effectiveness Research on Psychiatric Hospitalization by Record Linkage

of large Administrative data Sets (CEPHOS-LINK)

Funded by: DG Research of the European Commission

General Role: WP leader April 2014 - April 2017

Title: "Mental health service delivery to older people in four countries from the Central -

East Europe region (Romania, Moldova, Serbia, Albania). Does the resource allocation meet

the actual and future needs?"

Funded by: REMASTER Research Training: Socio-Economic Determinants of Mental Health

Services Delivery in South-Eastern Europe

General Role: PI June 2014 - June 2016

Title: Financing systems 'effects on the quality of mental health care in Europe

Funded by: DG Research of the European Commission (REFINEMENT)

General Role: team member January 2011 – January 2013

Honors, awards, scholarships

2018 Award for results in research (funded through the national program PN

III - P1 1.1. Art 20) for the publication "The REFINEMENT Glossary of

Terms: An International Terminology for Mental Health Systems Assessment"

2018 Award for results in research (funded through the national program PN

III – P1 1.1. Art 20) for the publication "Menta health service users'

experiences of psychiatric re-hospitalisation – an explorative focus group study

in six European countries"

2017 Award for results in research (funded through the national program PN

III – P1 1.1. Art 20) for the publication "Overview of post-discharge predictors for psychiatric re-hospitalisations: a systematic review of the

literature" published in BMC Psychiatry

National Alzheimer Conference (Romania); Best poster award for the

presentation "Patterns of inpatient geriatric service use by the elderly with

mental health problems"

2012-2015 The University of California, Berkeley and Babes-Bolyai University, Cluj,

Romania; Fogarty scholar "Research Training: Socio-Economics of Mental

Health Delivery System in South Eastern Europe"

2012 International Congress of Psychology (South Africa); Emerging

Psychologists' Program Fellow

2009-2013 European Commission (DG Health and DG Research), European Health

Forum Young Gastein scholar

2010 World Congress of Social Psychiatry, WASP fellowship

2007 European Commission (DG Health and DG Research), European Health

Forum Young Gastein scholar

University Service

2015 Member of the Psychology department council 2012-2014 Member in the Quality improvement committee

Editorial Boards

Canadian Journal of Psychiatry - Reviewer
International Journal of Evidence-Based Healthcare – Reviewer
BMC Medical Education – Reviewer
Frontiers in Public Health – Reviewer
Frontiers in Psychiatry – Reviewer

26.07.2021

Conf. Univ. Dr. Raluca Sfetcu