

Personal Information

First name / Surname **Valentin Nădășan**
 Address România
 Telephone(s)
 E-mail valentin.nadasan@umfst.ro

Mobile:

Nationality Romanian

Date of birth

Sex Male

Marital Status Married

Education

2019 Global Tobacco Surveillance System Partners: Data to Action, World Health Organization, Romania Country Office, Center for Disease Control and Prevention – Atlanta, USA, National Public Health Institute – Bucharest, Romania. 24-26 September 2019.
 2014 Very Brief Advice on Smoking: practitioner assessment, National Centre for Smoking Cessation and Training, Dorchester, UK. Certificate no.: 80045-81036/2014.
 2014 Medical English Language Course: University of Medicine and Pharmacy, Targu Mures, Profex Department, accredited by the University of Pécs, Hungary, Department of Foreign Language for Medical Purpose. Profex Certificate no.: JC080-01292 – 1620994.
 2008-2011 Doctoral study program at the Doctoral School of the University of Medicine and Pharmacy Targu Mures. Thesis title: An assessment of the quality of health-related information on the Romanian Internet. Date of the public defense of the doctoral thesis: 11.30.2011. Confirmed through Order of the Education and Research Ministry No. 6697 issued on 12.21.2011.
 2010-2011 Graduated the applied psychology and pedagogy course, level I and II at the University of Medicine and Pharmacy of Targu Mures.
 1983-1989 University of Medicine and Farmacy of Targu Mures, Faculty of General Medicine. Awarded the Diploma of Medical Doctor (series G no. 1868).
 1978-1982 High school: Nursing High School (Liceul sanitar), Targu Mures. High School Diploma, series A no. 170899

Professional Experience

Period 2017 to present
 Position held Associate Professor
 Main activities Classroom teaching of theoretical courses and laboratory practical activities: Hygiene and environmental health, Health education, Nutritional health promotion technics
 and responsibilities
 Employer George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures

Period 2014 - 2017
 Position held Lecturer
 Main activities Classroom teaching of theoretical courses and laboratory practical activities: Hygiene and environmental health, Health education, Nutritional health promotion technics
 and responsibilities Research project director
 Employer George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures

Period 2014 to present
 Position held Technical Editor
 Main activities and responsibilities Technical supervision of online and print version of the Acta Medica Marisiensis/Acta Marisiensis-Seria Medica Journal
 Employer George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures

Period	2015 to present
Position held	Technical Editor
Main activities and responsibilities	Technical supervision of online and print version of The Journal of Critical Care Medicine
Employer	George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures
Period	2012 - 2014
Position held	Assistant Professor
Main activities and responsibilities	Teaching hygiene and environmental health laboratory practical activities
Employer	George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures
Period	2011 - 2013
Position held	Resident physician, specializing in hygiene
Main activities and responsibilities	Specialty training according to the specific curriculum
Employer	County Emergency Clinical Hospital, Targu Mures
Period	1999 - 2013
Position held	Regional medical director
Main activities and responsibilities	Coordinating community health education programs
Employer	"Health and Education" Association, Bucharest (NGO)
Period	1999 - 2015
Position held	Editor at "Viață+Sănătate" monthly health education magazine
Main activities and responsibilities	Editorial activities
Employer	Viață și Sănătate Publishing House, Bucharest
Period	1997 - 2010
Position held	Medical book editor, administrator
Main activities and responsibilities	Editorial and managerial activities
Employer	Prisma Publishing House, Targu Mureș
Period	1995 - 1997
Position held	Medical book editor, administrator
Main activities and responsibilities	Editorial activities
Employer	Idea Publishing House, Cluj Napoca
Period	1993 -1995
Position held	Administrator
Main activities and responsibilities	Management
Employer	Health and Preventive Medicine Center, Herghelia, Mureș
Period	1989 - 1991
Position held	Resident physician in general medicine
Main activities and responsibilities	Professional training as general practitioner
Employer	County Hospital Piatra Neamț, Neamt County; Municipal Hospital, Reghin, Mureș County

Additional Information

International Research Grant	<i>Building Capacity for Tobacco Research in Romania – School-Based Prevention and Cessation of Tobacco Use Among Adolescents</i> , funded by the National Institutes of Health - Fogarty International Center, USA, from 2012 to 2019 (77,000 US\$). Project director. Project code 1RO1TW009280.
National Research Grant	<i>Comparative Study of Tobacco Smoking and Implementation of an Online Preventive Program for Adolescents in Romania and Republic of Moldova</i> , awarded by UEFISCDI (Executive Agency for Higher Education, Research, Development, and Innovation Funding) from 2016-2018 (49.700 lei). Project member.

Gábos G, Moldovan D, Dobru D, Mihály E, Bara N, **Nădășan V**, Hutanu A, Csép K. Mutational spectrum and genotype-phenotype relationships in a cohort of Romanian hereditary angioedema patients caused by C1 inhibitor deficiency. *Revista Romana de Medicina de Laborator*. 2019;27:255-268. (DOI:10.2478/rrlm-2019-0029), IF:0.800.

Nădășan V, Roșca AN, Tarcea M, Ábrám Z, Mărușteri M. The Quality of Romanian Breast Cancer Websites: a Five-Year Longitudinal Assessment. *J Cancer Educ*. 2018; 33(3):703-707. (DOI: 10.1007/s13187-016-1145-8), IF: 1.547.

Dénes MI, **Nădășan V**, Molnar C, Bancu Ș, Borz CO, Ábrám Z. Is awareness enough to bring patients to colorectal screening? *Open Medicine*. 2018;13(1):528-533. (DOI: 10.1515/med-2018-0077), IF: 0.484. Corresponding author.

Pénzes M, Foley KL, **Nădășan V**, Paulik E, Ábrám Z, Urbán R. Bidirectional associations of e-cigarette, conventional cigarette and waterpipe experimentation among adolescents: A cross-lagged model. *Addict Behav*. 2018;80:59-64. (DOI: 10.1016/j.addbeh.2018.01.010), IF: 2.686. Corresponding author.

Gábos G, Dobru D, Mihály E, Bara N, Dumitrache C, Popa R, **Nădășan V**, Moldovan D. Recurrent ascites: a need to evaluate for hereditary angio-oedema. *Lancet*. 2017;390(10107):2119-2120. doi: 10.1016/S0140-6736(17)32206-7. IF: 53.254.

Nădășan V, Foley KL, Pénzes M, Paulik E, Mihăicuță Ș, Ábrám Z, Bálint J, Csibi M, Urbán R. The Short-term Effects of ASPIRA: A Web-based, Multimedia Smoking Prevention Program for Adolescents in Romania: A Cluster Randomized Trial. *Nicotine Tob Res*. 2017;19(8):908-915. (DOI:10.1093/ntr/ntw308), IF: 4.293.

Nădășan V, Foley KL, Pénzes M, Paulik E, Mihăicuță Ș, Ábrám Z, Bálint J, Urbán R. Use of electronic cigarettes and alternative tobacco products among Romanian adolescents. *Int J Public Health*. 2016;61(2):199-207, doi: 10.1007/s00038-015-0774-8, IF: 2.754.

Nadasan V, Ferencz L, Ábrám Z, Kristie Foley C. Predictors of High Program Exposure Among Adolescents Participating in a Smoking Prevention Intervention in Romania. *Tobacco Use Insights*. 2019; 12: 1–5. (DOI:10.1177/1179173X19845).

Nadasan V. Should Critical Care Professionals Take Hoaxes/Rumors Seriously? *The Journal of Critical Care Medicine* 2016;2(4):205-206. (DOI: 10.1515/jccm-2016-0030)

Popescu SD, Dănilă M, **Nădășan V**. Online Information about Stroke – A Soft Challenge for Critical Care Professionals. *The Journal of Critical Care Medicine* 2018;4(4):147-148. (DOI: 10.2478/jccm-2018-0017). Coordinating and corresponding author.

Books

Dezvoltarea capacității de cercetare în domeniul fumatului în România [Building Capacity for Tobacco Research in Romania]. University Press Targu Mures, 2018, 238 pages, ISBN 978-973-169-521-1, coeditor.

Nutriție - noțiuni elementare, istorice și de actualitate [Nutrition – fundamental, historical and emerging concepts]. University Press Targu Mures, 2016, 190 pages, ISBN 978-973-169-479-5, author.

Stresul - aspecte de igienă mentală [Stress – perspectives on mental hygiene]. University Press Targu Mures, 2013, 210 pages, ISBN 978-973-169-264-7, author.

Hygiene – Practical Laboratory Guide - 2012, English version; coauthor (chapter on Risk behavior prevention in children and teenagers).

Îndrumator Practic de Igienă [Hygiene – Practical Laboratory Guide] – 2011, Romanian version; coauthor (chapter Risk behavior prevention in children and teenagers).

License and master theses coordination
Doctoral students' supervision

License theses: 3 in 2011, 8 in 2015, 3 in 2016, 5 in 2017, 9 in 2018, and 4 in 2019.

Master dissertations: 2 in 2014, 1 in 2015, 1 in 2016, 2 in 2018.

Member in the advisory comities of 12 doctoral students during 2013-2019.

Membership in professional, and scientific societies

2011-present
2019-present
2016-2018

Hygiene and Public Health Society – member
Fundatia Rețeaua Română de Angioedem Ereditar
Society for Research on Nicotine and Tobacco – member

Involvement in health education and promotion

1994 to present

- Published 8 books on health education (seven as sole author, one as first author)
- Published over 200 health education articles in health education magazines
- Published over 30 brochures, leaflets, fact-sheets on general health education topics, noncommunicable chronic diseases prevention, healthy nutrition promotion, smoking cessation etc.
- Delivered dozens of health education lectures about healthy lifestyle, noncommunicable chronic disease prevention, smoking cessation, and consumer health informatic for the general public.
- Translated and adapted to Romanian the "Breath Free" plan to stop smoking.

- Developed several series of audiovisual health education materials (CDs, DVDs) about healthy lifestyle, healthy nutrition, noncommunicable chronic disease prevention, and smoking cessation.
- Founder and main contributor to www.sanatateplus.ro and www.sanatateplus.net health education websites in Romanian language (2005-2018).

Personal Skills

Mother tongue(s)

Other language(s)

Romanian, Hungarian

English

European grading level(*)

English

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	Writing
C1	C2	C1	B2	C1

Communication skills

Teamwork and communication skills developed in the course of training and coordination of volunteers involved in public health education programs.

Organizational /managerial skills

Experience in organizing and coordinating public health education programs.

Computer skills

Competent with:

- text editing software (MS Word, Open Office Write)
- spreadsheets (MS Excel, Open Office Calc)
- DTP (Adobe InDesign)
- image processing (Adobe Photoshop, Adobe Illustrator)
- web-design (Drupal, WordPress)
- statistical software: SPSS, GraphPad