

PERSONAL INFORMATION

Flaviu Stelian Dusa



WORK EXPERIENCE

02/2015–02/2018

Assistant lecturer

University of Medicine and Pharmacy, Tirgu Mures (Romania)

Supervising and coordinating students' activities during practical courses:

- Theory and methodology of physical education and sports (practical course, 2nd year of study, Physical Education and Sports, 2012 - present)
- Theory and methodology of physical education and sports (practical course, 2nd year of study, Hydrotherapy, Kinesiology and Medical Rehabilitation, 2012 - present)
- Theory and practice of tennis (practical course, 1st year of study, Physical Education and Sports, 2014 - present)
- The scientific foundations of football (practical course, 2nd year of study, Physical Education and Sports, 2014 - present)
- The practice and methodology of motor activities in primary and middle school (practical course, 3rd year of study, Physical Education and Sports, 2012 - present)
- Methods of teaching football in schools (practical course, 2nd year of study, Physical Education and Sports, 2014 - present)
- Specialised practical training in educational institutions (practical course, 3rd year of study, Physical Education and Sports, 2012 - present)
- Winter sports. Practical activities. (practical course, 1st year of study, Physical Education and Sports, 2016 - present)

Secretary activities as an assistant lecturer at the Science of Motricity Department, University of Medicine and Pharmacy

- Secretary of the dissertation committee, thesis defense in the framework of the Master of Science (MSc) degree, Physical Therapy and Functional Rehabilitation program, Faculty of Medicine, University of Medicine and Pharmacy, Tirgu Mures, September 2015, 2016, 2017;
- Secretary of the admission exam committee to the MSc Program, Physical Therapy and Functional Rehabilitation, Faculty of Medicine, University of Medicine and Pharmacy, Tirgu Mures, September 2015, 2016, 2017;
- Secretary of the admission exam committee to the MSc Program, Physical Education and Sports Counseling, at the Faculty of Medicine, University of Medicine and Pharmacy, Tirgu Mures, September 2017;
- Secretary of the Bachelor's Degree Examination Committee, presentation and defense of diploma works, Hydrotherapy, Kinesiology and Medical Rehabilitation, Faculty of Medicine, University of Medicine and Pharmacy, Tirgu Mures, September 2017;
- secretary of the competitive exam committee for vacant teaching positions, Faculty of Medicine, University of Medicine and Pharmacy, Tirgu Mures, March 2016;
- secretary of the competitive exam committee, for vacant teaching positions, Faculty of Medicine, University of Medicine and Pharmacy, Tirgu Mures, March 2017;

- 10/2011–Present** Secretary S – Dean’s Office
University of Medicine and Pharmacy, Tirgu Mures (Romania)
- Data entry operator, registration of students, issuing and releasing study documents (certificates), registers, administrative and paper work on student camps, scholarships for socially disadvantaged students and students suffering from chronic illnesses, travel expense reimbursement for students, responsible for the administration of EURO 200 program, elaboration of operational procedures, Administrator/ IT Admin of University website: the www.umftgm.ro
- Secretary of the committee that grants students’ scholarships, University of Medicine and Pharmacy, Tirgu Mures, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018;
 - Secretary of the student camps committee, University of Medicine and Pharmacy, Tirgu Mures, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018;
 - Secretary of the EURO 200 Committee, University of Medicine and Pharmacy, Tirgu Mures, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018;
 - Participation in the Residency Exam Contest, organized by the University of Medicine and Pharmacy, Tirgu Mures, in the assessors’ team (IT scanning) of the following examination sessions from november 2012 to november 2017
- 10/2012–04/2013** Project coordinator ISO 9001 - Partial outsourcing of the development of quality management application procedures
University of Medicine and Pharmacy, Tirgu Mures (Romania)
- "Advanced technologies for quality in the future-oriented university". Project ID 58609
identification number of financing agreement POSDRU/86/ 1.2/S/58609
- Short-term Expert, Type B - process enhancement specialist
- Project coordinator
- Coordination of quality management application procedures
- Elaboration of system procedures in order to establish the general framework for conducting the main processes of documentation and monitoring required by SMC
- 10/2005–08/2009** Web designer
Media First, Cluj Napoca (Romania)
- Content Manager (information processing and developing, editing, web maintenance)

EDUCATION AND TRAINING

04/2018–05/2018	Certificate - Graduate of Physical Training Course ABC Fitness Accredited School of Instructors, Bucharest (Romania)	EQF level 6
10/2013–07/2014	Certificate - Graduate of the Department of Teacher Training, Pedagogical Module - Level 2 University of Medicine and Pharmacy, Tirgu Mures (Romania)	EQF level 6
04/2012–05/2012	Certificate - "Quality Auditor" training program University of Medicine and Pharmacy, Tirgu Mures (Romania)	EQF level 6
10/2010–07/2011	Certificate - Graduate of the Department of Teacher Training, Pedagogical Module - Level 1 Babeş - Bolyai University, Cluj Napoca (Romania)	EQF level 5
10/2009–07/2011	Master degree Babeş - Bolyai University, Cluj Napoca (Romania)	EQF level 7
TRAINING AND SPORTING PERFORMANCE		

10/2005–07/2008	Bachelor degree Physical Culture and Sports. Babeş – Bolyai University, Faculty of Physical Education and Sports, Cluj Napoca (Romania) Football Handball Winter sports Swimming Adventure sports Volleyball Basketball Specialisation in tennis during the following courses: 4th semester - advance studies in a sport branch - orientation and initiation 5th semester - advance studies in a sport branch - training juniors 6th semester - advance studies in a sport branch - orientation towards higher performance	EQF level 7
09/2001–07/2005	Highschool diploma Industrial Group of Schools, Ludus (Romania)	

PERSONAL SKILLS

Mother tongue(s) Romanian

Foreign language(s)

UNDERSTANDING	SPEAKING	WRITING
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	Listening	Reading	Spoken interaction	Spoken production	
English	C1	B2	B1	B1	B1
Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user Common European Framework of Reference for Languages					

Communication skills

- good communication skills gained through my experience as an lecturer assistant
- excellent contact skills with children gained through my experience as tennis volunteer coach
- excellent contact skills with adults gained through my experience as tennis volunteer coach

Organisational / managerial skills

- leadership currently responsible for a team of more then 10 people
- good organisational skills gained as a Member of the Organizing Committee of the Conference - 3rd International Conference of Sports Nutrition - Transdisciplinary Research in Physical Therapy, Physical Activities and Sport Nutrition, 3-4 November 2017, Tirgu Mures, Romania; Member of the Organizing Committee of the Conference on Nutrition and Dietetics, with international participation, Child Obesity – Current trends, Implications and Perspectives of Prevention and Treatment, 4th Edition, 1 - 2 November 2017, Tirgu Mures, Romania; Member of the Organizing Committee of the National Conference of Sports Nutrition, 2nd Edition, 3rd November 2016, Tirgu Mures, Romania; Member of the Organizing Committee of the National Conference of Sports Nutrition, 1st Edition, 28 - 31 October 2015, Tirgu Mures and Member of the Organizing Committee of the Conference - 2nd International Scientific Conference Introspective Connections on Human Movement Sciences, Tirgu Mures, 27-28 March 2015, Romania.

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Proficient user	Independent user	Proficient user

Digital skills - Self-assessment grid

Good knowledge of programming languages:

Excel, Word, PowerPoint, CS 2 (Professional PhotoShop), Dreamweaver and operating: Firefox, Explorer, Google Chrome, Safari.

Typo3, Windows, Mac, Linux operating systems;

Driving licence AM, B1, B, BE

ADDITIONAL
INFORMATION

Conferences

1. Participation in the 1st International Scientific Conference Introspective Connections on Human Movement Sciences, Tirgu Mures, 26-27 April 2013, Romania;
2. Member of the Organizing Committee of the Conference - 2nd International Scientific Conference Introspective Connections on Human Movement Sciences, Tirgu Mures, 27-28 March 2015, Romania;
3. Participation in the 2nd International Scientific Conference Introspective Connections on Human Movement Sciences, Tirgu Mures, 27-28 March 2015, Romania;
4. Member of the Organizing Committee of the National Conference of Sports Nutrition, 1st Edition, 28 - 31 October 2015, Tîrgu Mureş;
5. Participation in the National Conference of Sports Nutrition, 1st edition, 28 - 31 October 2015, Tîrgu Mureş;
6. Moderator at the National Conference of Sports Nutrition, 1st Edition, 28 - 31 October 2015, Tirgu Mures;
7. Member of the Organizing Committee of the National Conference of Sports Nutrition, 2nd Edition, 3rd November 2016, Tirgu Mures, Romania;
8. Member of the Organizing Committee of the Conference - 3rd International Conference of Sports Nutrition - Transdisciplinary Research in Physical Therapy, Physical Activities and Sport Nutrition, 3-4 November 2017, Tirgu Mures, Romania;
9. Participation in the Conference - 3rd International Conference of Sports Nutrition - Transdisciplinary Research in Physical Therapy, Physical Activities and Sport Nutrition, 3-4 November 2017, Tîrgu Mureş, Romania;
10. Member of the Organizing Committee of the Conference on Nutrition and Dietetics, with international participation, Child Obesity – Current trends, Implications and Perspectives of Prevention and Treatment, 4th Edition, 1 - 2 November 2017, Tirgu Mures, Romania;
11. Participation in the Conference on Nutrition and Dietetics, with international participation, Child Obesity – Current trends, Implications and Perspectives of Prevention and Treatment, 4th Edition, 1 - 2 November 2017, Tirgu Mures, Romania;

Publications

1. Investigating the Deformation Parameters of PVC Fitness Balls in Relation to the Height and Body Mass Index of the Users; www.revmaterialeplastice.ro; indexed ISI
2. The study of musculoskeletal injuries in athletes from Tîrgu Mureş; www.pm3.ro; Vol. 16, no. 4, October-December 2015, 342–346; indexed BDI
3. The impact of behaviour, motivation and food preferences on the quality of life; www.amtsibiu.ro; indexed BDI
4. Using computer-gaming tests to evaluate hand simple reaction time to visual stimulus, *sp soc int j ph ed sp* 2016 - volume 16 – issue 1; www.sportsisocietate.ro;
5. Improving balance by experimenting through animal-assisted therapies, *palestrica of the third millennium – civilization and sport* vol. 18, no. 3, July-September 2017, 139–143; www.pm3.ro;

Books

Educația fizică și sportul – Teste grilă, 2015, ISBN: 978-973-169-416-0

Manuals

1. Teoria și practica tenisului de câmp, 2013;
2. Teoria și metodică Educației Fizice și Sportului, 2013;

Projects

- Organizer of University Motion Festival, Field Tennis Section, May 16 - 17, 2015, 1st Edition;
- Participation in the "FUNFITNESS" testing event, component of the "Special Olympics -

Healthy Athletes" program, Special Olympics National Games - Tirgu Mures, Romania, 29-30 May 2015;

- Organizer of the University Motion Festival, Field Tennis Section, 09-10 April 2016, Second Edition, Tirgu Mures;

- Diploma of merit for involvement and support in the organization of the 2nd edition of the University Motion Festival, Tîrgu Mureş 2016;

- Coordinator of the Football Team, Physical and Sports Education Specialty, at the Inter - University football tournament in Tîrgu Mureş, in the framework of UNIFEST 2016 Festival - 1st place and in 2017 - 2nd place;

- Trainer at practical courses Education through adventures, Mountain Tourism and Survival Techniques, Physical and Sports Education at the Faculty of Medicine, University of Medicine and Pharmacy, Tîrgu Mureş; Adventure Park, Braşov, www.parc-aventura.ro

- Organizer of University Motion Festival, Field Tennis Section, 05 - 06 May 2018, 1st Edition;

Memberships

Member of the Romanian Society of Physical Education and Sports, Cluj - Napoca, since January, 2016;